IKNOW MYSELF with the help of others



A Religious Education book for year five

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with the help of others



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I Know Myself with the Help of Others

Religion Book for the Fifth Year of Primary School

A Handbook that can serve as a help to teach religion in the Primary's Fifth Year.

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Written by: Agnes Farrugia, Charmaine Frendo, Lizianne Lia, Mansy Cutajar, Paul Rapa, Stephanie Farrugia

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I know myself with the help of others

Religious Education at school does not have as its primary aim the teaching of Church Doctrine; its primary aim, is to enable students to go through a process of exploration and questioning, leading them to discover themselves. This process is thus facilitated with the aid of their milieu and how religion is presented to them – both elements are essential components of their rearing and culture. In order to be taught effectively, this process demands a great deal of creativity and imagination.

For the Year Five students, this book traces out a journey of discovery where eventually they discover they cannot venture through it alone. At this sensitive age and phase, this book serves as a tool to enable the students to go beyond the concepts of a private, individualistic religion, journeying alone, as though God is something that one can discover and possess alone. The author Kahlil Gibran, in his book *The Prophet* writes: when one loves, one cannot say that God is in one's heart, but that the person is in God's heart. Most world religions acknowledge that the process of discovering and experiencing God is a journey. Above all, it is an experience of love, of awe and wonder, notwithstanding the shadows of this imperfect world.

Thomas Greene in one of his books reflects that discovering God goes hand in hand with discovering oneself. The discovery of oneself, does not occur by sitting in front of a mirror, but, through a deep interactive relationship

with the *real* oneself, through the aid of a variety of friends, through all that one experiences in life, and above all, through God who in Religious Education is always the main point of reference.

As all other things in life, the discovery of God in one's life is conditioned by one's various life experiences, by one's attitudes with which one faces these experiences and finally, by how one lets all these enable his growth towards maturity. That which grows silently within us, and how one reacts to it, enables or hinders one's ability to connect with oneself and with others. The transmission of all this, could facilitate or hamper faith's experience – which is a means through which one can perceive one's life and existence with all its awe, especially in the context of relationships with others.

Fr René Camilleri

Delegate for Catechesis



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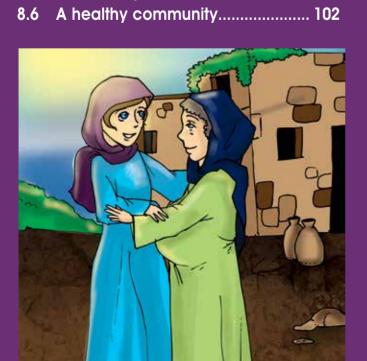
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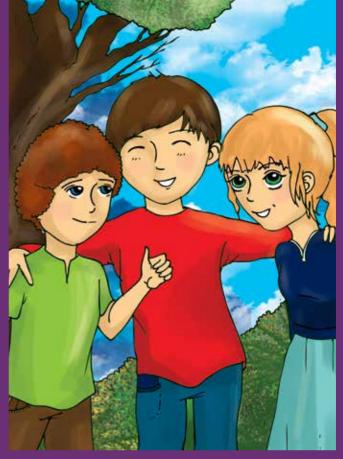




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T CIAN SIFTESS

God has created me in his image and likeness. Because he loves me, he has endowed me with beautiful qualities and talents. God gave me these talents to develop them and use them, and not to ignore them or waste them. God has given me parents or guardians who take care of me and who help me develop my talents. I am wise when I understand all the good that can come from acknowledging my talents. This will enable me to better my life and to improve the world around me.

Choose the right answer

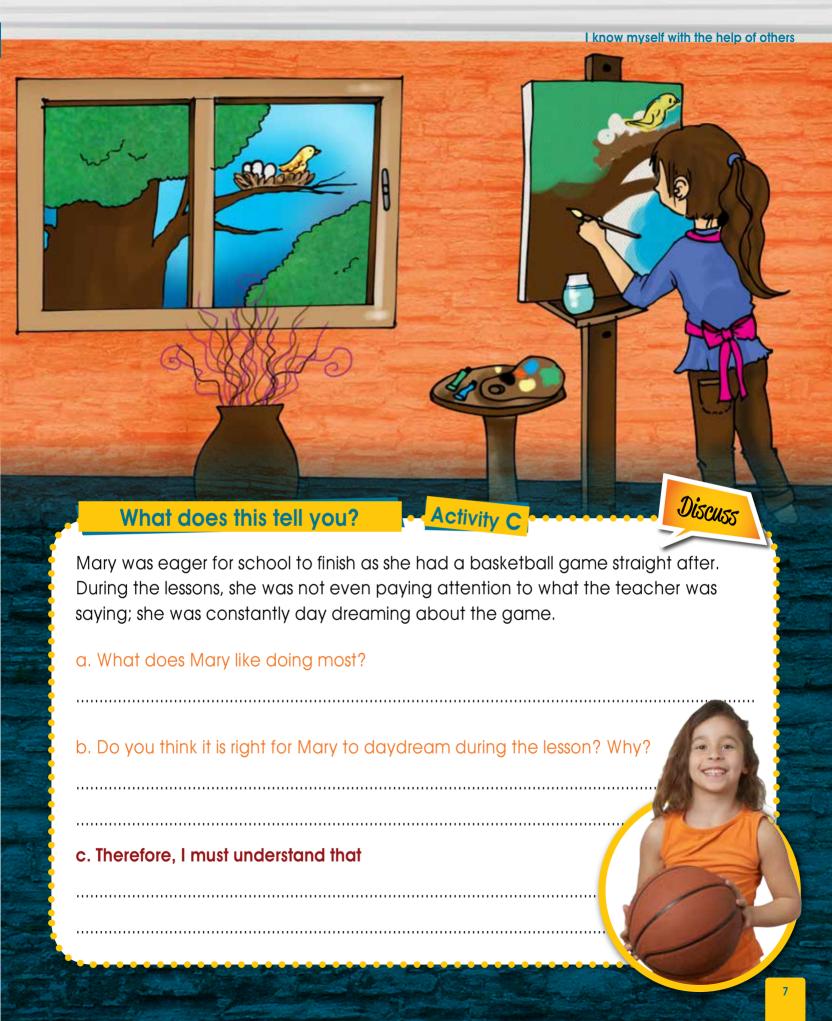
Activity A

- a) To grow in wisdom we need (clothes, people who take care of us).
- b) A lot of (good, bad) can come from acknowledging our talents.
- c) Our talents can help us live a better life when we (use them well, ignore them).

Join the sentences together

Activity B

1	Talents are	special talents.
2	Every person has	works to discover these talents.
3	A wise person	special qualities given to us by God.
4	When these talents are discovered	help us grow.
5	When talents are developed they	they should be developed.





I am not the only one in the world with talents and qualities. God, who has created and loves everyone, has given each of us a number of talents and qualities. Not everyone has the same talent...But everyone has a talent which is beautiful and with which he can do good. It is also good that I appreciate the talents present in others! No one can develop one's talents alone, or keep them all to oneself. We need each other to develop our talents. In this way we all grow and become better and responsible people.

Write True or False a. My talents help me to grow b. Thanks to my talents I become a better person and learn how to love c. Since everyone has a talent, we don't need each other. d. It is irresponsible not to develop my talents. e. Not all talents are good

Look at the following qualities and talents. Write down how these can help us in different ways. The first one has been done for you.



What does this tell you?

Activity C

Martin was quite a good dancer. He knew deep down in his heart that, if he kept on working well and studying dance routines diligently, he would one day become a famous dancer. He dreamt of getting a contract with a famous dance troupe that would earn him lots of money. In fact, he never danced anywhere unless he was sure of being paid good money and that his popularity had a good chance of increasing.

- a. What is your reaction to Martin's dream?.....
- b. What is your dream? In your dream, is there space for others and their needs? ...

c. Therefore, I need to understand that



When God created human beings out of His infinite and perfect love, he enriched them with qualities and talents. When humans develop these talents they will have everything they need to live a happy and contented life. Moreover, God made man also capable of helping others. Throughout the ages, God himself asked the help of a number great people. These individuals are heroes and role models because they were sent by God to teach the people how to truly love God and lead a better life. Two of these people, Abraham and his wife Sarah, lived many years ago and their story is told in the Old Testament.

Read the story of Abraham and Sarah and mark the correct answer:

- a. What did God tell Abraham to do (Gen 12, 1-2)
- To pray more. To leave his country and fellow men. To employ more servants.

Activity A

- b. What happened to Abraham when he was very old? (Gen 21, 1-3)
- He had a son he called Isaac. He bought many fields. He bought cattle.
- c. What did God ask Abraham to do with Isaac?
- To sell him. To sacrifice him. To send him to Egypt.



After reading the story of Abraham fill in the missing words.

country • faith • hope • old • God • qualities

a. <i>A</i>	Abraham and Sarah were very	
b. A	Abraham trusted God and he had greatin Him.	
c. A	At firstasked Abraham to leave his people and his	
d. A	Abraham and Sarah had greatthat God would fulfil his promise.	
	Faith and hope are beautiful and important	
	What does this tell you? Activity C Discuss	
reguleage had specificated but I follo scar and	nes wanted to work with a circus. He trained and practised tight-rope walking ularly, hoping that one day his dream would come true. He was very dedicated and gerly awaited the moment he could try walking the rope. One day, after his teacher dexplained all the tricks needed to walk the tight-rope and even how to make it ctacular, he asked the students if anyone was keen to try. James really wanted to, he was scared. 'Come on James, you know you are ready to try it out! Trust me and ow my instructionsand I am sure you will succeed!!' said the teacher. Still feeling red and shaking slightly, James made a courageous step towards the rope, trusting I hoping in his teacher. Step after step, he managed to walk the whole length of the extendily, his dream had come true he felt exhilarated!	
a. N	Mention a few of James' good qualities	0
b. W	Was it normal for James to be scared? Why?	
c. F	From this story I learn that	7

of the Old Testament

The Old Testament is full of stories of people whose life left a mark. Besides Sarah and Abraham, we find two other important people: Ruth and Samuel. These two young people are an example to us because they show us what great faith they had in God and how they succeeded in doing the will of God.

In the Book of Ruth we read that Ruth came from a place called Moab, where two Israelites, Elimelek and Naomi settled. They had two children and Ruth married one of their sons. It so happened, though, that Elimelek and his two sons died and Ruth became a childless widow. She loved her mother-in-law Naomi greatly, and when Naomi wanted to return to Israel. Ruth went with her and remained there until Naomi died. Ruth suffered greatly to obtain food for Naomi and herself. Ruth eventually remarried and had a son of her own. Ruth is a person of great faith and great love, especially in the way she cared for her mother-in-law Ngomi.

In the Book of Samuel we read about the boy who loved God and did all that God asked of him. His mother was called Anna who had been childless for many years. Every day she prayed to God to have pity on her and let her have a child of her own. Once, whilst praying in the Temple, she told God: 'If I have a son, I will offer him to you and he will serve you in the Temple'. Soon after she gave birth to a son, Samuel, and when he was a young boy she took him to the temple to be close to God. Eli, the temple priest, took care of him. One day, God spoke to Samuel and gave him a message for Eli. Samuel delivered this message as well as many other messages to other people to show them how God wanted them to live.

Join the following sentences to reconstruct the story of Ruth.

Activity A

- 1 Ruth from Moab married decided to go back to Israel.
- 2 She soon became a childless and so she left Moab and went to Israel widow
- 3 Naomi, herself a widow to have money for food.
- Ruth did not want to leave

 Ruth did not want to leave

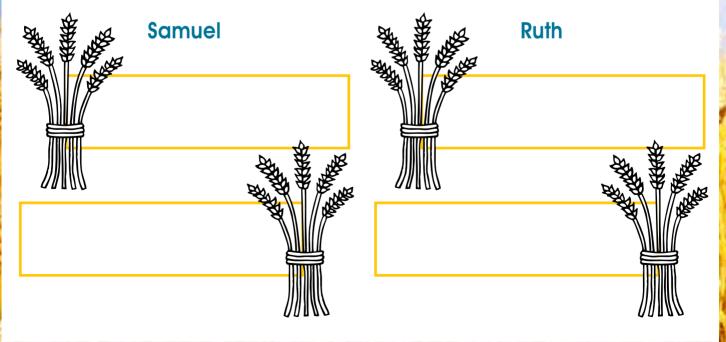
 Elimelek and Naomi's son.
- 5 In Israel she worked hard and had a son of her own.
- 6 She eventually remarried because Elimelek and his sons died



1. Choose the right word to form the story of Samuel

- a. Samuel's mother was called (Mary, Anna, Elizabeth)
- b. When Samuel grew up he lived in the (cave, synagogue, temple)
- c. In the temple, he was looked after by (Eli, David, Saul)
- d. During the night he heard (God, his father, Eli) speaking to him.
- e. Samuel told God, 'Speak Lord, your servant is listening'. With this he meant (speak louder, explain better, I will do whatever you tell me)
- f. Samuel had a message for Eli about his (people, children, nation).
- g. Samuel passed on this message to Eli and other messages that (his brother, God, the priest) used to give through him.

2. In the boxes, write two positive qualities of Samuel and two of Ruth.



What does this tell you?





Carla and Katya were very good friends. Carla was good at sports but Katya wasn't. One day, Carla and a class mate were asked to choose a team each from the girls in their class. Since both wanted to win, both wanted the better team. All the girls in the class had to be included in the teams, but as was expected, the best girls were chosen first. Although Carla knew Katya was not the best player, she still chose her for her team, even though she knew that they might not win because of this choice.

ted	am, even though she knew that they might not win because of this choice.
1.	What type of person is Carla?
2.	What is the most important quality/qualities in friendship?
2	Therefore I must understand that
J.	Therefore, I must understand that
	The state of the s

For my own good & the good of others

If we want to grow, our God given qualities cannot be kept to ourselves. Although these qualities need to be used for our personal growth, they also need to be used for serving and helping other people in our lives. Sometimes, when what we are doing is really coming from the heart, we might experience some suffering. This suffering is necessary so that we can understand these people better and use all our qualities to help them.

1. Discuss what 'to be of service' means and write down the points in the aprons below:



1. And God told Moses: 'Come, then, for I need to send you to the Pharaoh, to bring the sons of Israel, my people, out of Egypt'
(Exodus 3. 10)

Aaron • palace • prince • Jews • Egypt

Adion • palace • plince • Jews

Fill in the missing blanks with the right word.

- 2. Read the story of Moses from Exodus, chapters 2 and 3. In the spaces below write the difficulties Moses had to overcome to be of service to the Jewish people. These difficulties were one of three types. Choose from the suggestions in the box below:
- 1. Diffiulties in his character.

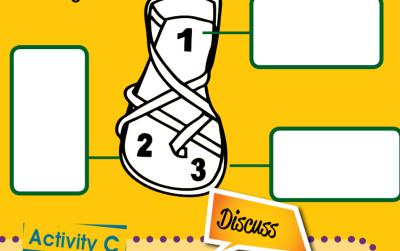
2. Difficulties because he was a Jewish man amongst Jews.

3. Difficulties as a leader of the Jews.

Write in the boxes

- The complaints of the Jewish people in the desert
 - He stammered
- The Jews calling each other names

What does this tell you?



When Carmen arrived home from school, she liked nothing better than changing into something more comfortable, having a snack and disappearing into her room. She felt at ease there, as her room was like a mini world. Her cousin Alison came to stay with them for some time as her parents needed to go abroad urgently. Alison was a sweet girl, but she was a little careless with her belongings. Carmen needed to choose: she could either let her cousin sleep in her room, even though she was not very neat, or else let her sleep on the sofa downstairs.

- a. What should Carmen have done if she really wanted to be of service?
- b. If Carmen decided to host Alison in her room, and thus be of service,

what sacrifices would she need to make?

c. Therefore, I must understand that.....

ATRUMA TARCITATIONS

Our talents need to be reflected in our actions and how we help others. Good actions are not always appreciated by people. In fact, being 'good' can sometimes annoy people who want to live as they please. Martin Luther King was a black person who truly loved others; he used his talents for the good of his countrymen. He worked incessantly to improve the life of his fellowmen and even suffered for the good of his people. He was eventually shot dead whilst working for his black fellow countrymen and their rightful place of respect in society.

Discuss the following with your friends, choosing the right word from the box below.



Martin Luther King's real name	was He worked
incessantly for	people to have the same
rights as	people. As a man he really knew
how to	, and although there were times when
he was	, he never let his fear overcome his
•••••	His love for his fellow country men came to an
abrupt halt when he was	



Love • Michael • black • white • afraid

courage
 assassinated

Martin Luther King

- a. Which phrase did Martin Luther King repeat often?
- b. How old was he when he was awarded the Nobel Peace Prize?.....
- c. What do you like most about him?
- d. He was chosen as Man of the Year. What year was it?

What does this tell you? Activity C

Andrew was a new boy who came to our school in the middle of the year, and he was placed in my class. He didn't really like any of my classmates as he felt somewhat different. In fact, he spent most of his time alone. If anyone tried to speak to him or play with him, he was automatically excluded from the rest of the class. One day Andrew felt that he had had enough and he plucked up courage to speak to a teacher for advice. The teacher helped him to make friends with at least one student in the class. This helped him feel

a. How should we react to people we don't really like?.....

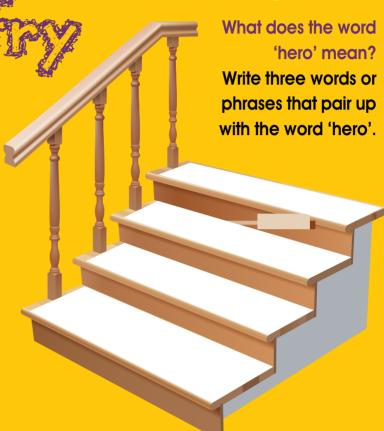
more included and encouraged him to make new friends.

- b. Which one of Andrew's decisions deserves praise?.....
- c. Therefore, I must understand that

God works in the History of

God the Father, who loves and takes

care of everyone, has shown his love for us Maltese by sending us, throughout the years, many persons with beautiful qualities who showed us the way forward. These persons have shown us how to look at life, what we should do to live well, and how to leave a better world for those who succeed us. These people are called HEROES.



Activity A

Activity B

- 1. Dun Mikiel Scerri is a Maltese hero.

 After listening to his life story, continue these sentences:
- a. Dun Mikiel Scerri was a
- b. He studied in
- c. He founded a school for
- d. "I am doing all this for my Country, and I think it will be the last thing I will do...

 If I am successful, I will die a happy man."

What do these words mean?

e. Dun Mikiel Scerri is called a patriot because



2. Name a person who is a hero in your life because he/she is showing you how to live a good life.

What does this tell you? ... Activity C ...





a.	Besides dying for others like Christ did, mention another way one can give up his
	life for others

b. How can you live the above quotation in your life?

"There is no love greater than to lay down one's life for his friends." John 15, 13

c. From this quote I understand that



LECTATION OF is the fountein of elleoceness

Giannina Cutajar was a woman who left an important mark on Maltese society during the 20th century. At a young age, she was brave enough to take up the challenge put to her by St George Preca, that is, to teach catechism to young girls. To do so, she had to abandon everything else. Eventually, she became a preacher of the Good News – the Gospel of Our Lord Jesus, and she became a 'mother' to many girls whom she taught over the years. Even adults used to seek her out for advice and to get to know more about Jesus.

Activity A

After listening to the story of Giannina Cutajar, fill in the blanks with the words in the box.

Giannina, while still a young lady, accepted to teach......

At that time, this was a very task. First of all because

people at the time were mostly and also

used her intelligence and

to others. Together with Dun George,

she founded the section of the Museum.





Everything ceme beek To life of offin

The Prophet Ezekiel

The prophet Ezekiel was another person God 'used' to get closer to His people. As a young man, Ezekiel already loved God a lot and trusted him completely. In a vision, God showed Ezekiel a valley full of bones. These represented the bones of the Jews who were living a sinful life. Ezekiel was chosen by God to speak to the Jews and remind them of God's great love for them. This was not an easy task. The Jews were not always ready to listen to Ezekiel and often he felt abandoned and alone.



Activity A

	After listening	to Ezekiel's stor	v (Ez 37, 1-14	4), answer the following	questions.
--	-----------------	-------------------	----------------	--------------------------	------------

The Jewish people faced many problems. Can you mention two?
2. What often leads to sadness in our own lives?
3. What leads to true happiness in our lives?
A attacks D
In the vision, Ezekiel saw a valley full of bones. Use these jumbled words to form a correct sentence. Can live again these ever
Continue Ezekiel's answer: `Lord`
What does this tell you? Activity C
God loved his Prophets
The prophets believed in God's love for His people and therefore, they spoke to the people and showed them their evil ways while reminding them of God's mercy. The prophets suffered to deliver this message. Ezekiel was God's voice for His people
a. Today, who delivers God's voice to you?
a. Today, who delivers God's voice to you? b. Why should we be attentive to God's voice?



King David

Another important person forming our Christian history is King David. It is important to point out that when people were chosen by God to help him, they were not perfect. Being humans they had their sins and weaknesses. David was such a person; though he sinned he did many good things in his lifetime. Above all, David really loved God. When he sinned, he accepted his mistake, prayed for God's forgiveness and also accepted the consequences of his sins. God uses the story of David to tell us that He loves us the way we are; yet, he wants us to become better people.

Activity A

Tick the box with the words that describe David:

a. As a young man David used to:

	look after sheep	play the harp	teach people	be a true friend]
b. /	As a King	and ruler he w	as:		
	very well loved	a very bad King	a courageous man	a good King	

David wrote many 'special' prayer poems that are called PSALMS. These psalms adore, glorify and thank God.

Below is an extract from Psalm 8. Underline the part you like most. What type of psalm is it?



Psalm 8

Lord, our Lord,
How majestic is your name
in all the earth!
I look up at your heavens,
made by your fingers,
the moon and the stars you
have set in place.

What is man that you should spare a thought for him,
The son of man that you should care for him?



Activity C

What does this tell you?



One evening you asked your mother if you could go to watch a dvd at your friend's house. As it was rather late, your mother asked you to go on another day. You were quite upset and when she asked you to help wash the dinner plates, you answered, 'No' and stormed off. Later, you realised that your reaction was wrong.

a.	How should you have reacted when your mother refused to let you go to your friend's house?
b.	After you realised your mistake, what should you have done?
C.	Therefore, I must understand that

The Church in the 20th Century

Pope John XXIII

Pope John XXIII was a very important Pope as he took many courageous decisions that have affected the way Christians live. He was elected Pope when he was quite old and at a time when the world was going through many problems. Yet, he never lost hope and worked hard to carry out the mission God had planned for him. He did not have an easy time, but with great courage and determination he succeeded in doing what was asked of him. People call him the "Good Pope" and he is still quite popular. Lately, Pope Francis made him a saint.

The Good Pope. Choose the right answer.

Activity A

- a. Pope John's real name was (Angelo, Alfredo) Roncalli
- b. He was (Polish, Italian).
- c. His family were (farmers, pilots).
- d. His motto was (obey and you will calm down, pray and you will find peace)
- e. Pope (Pius XI, Pius X) made him a bishop.
- f. He became pope after the death of (Pius XI, Pius XII)
- g. His (age, intelligence) and humility helped get him elected pope.
- h. Everyone was amazed at his sense of humour and his (patience, mercy).
- i. He enjoyed many visits to (prisoners, students).
- j. He brought many positive changes to the church especially thanks to (Vatican Council I, Vatican Council II)
- k. The Council is a special meeting of (cardinals, bishops) who decide church laws.



2. Answer the following questions:

a.	Every Pope is the successor of St		
	Peter. Explain the word "successor"		
b.	Where does the Pope live?		
C.	The present Pope is called		
d.	What nationality is he?		

What does this tell you?

Activity C °

Discuss

Mark was an intelligent boy who could take a joke. He often managed to silence his friends with his quick, sharp wit. Once he overheard John, a good friend, talking and joking about him to a group of friends. He was slightly offended and nearly told John off, but, he decided not to say anything. Some days later, John asked Mark for a lift, as his mother's car was not working and he needed to get home. Mark gladly offered to take Mark home.

- a. When is it the right time to joke?
- b. Do you think it was difficult for Mark not to say anything?.....
- c. Therefore, I must understand that.....

Working thogsthar we write our history

Reading the stories of special people, we realise that it was not always easy for them to pass on to us our faith. It is not always easy to do what is right; in fact, it is often very difficult. Therefore, it is very important to think of the consequences our actions can bring about, and to always choose right over wrong. When we really want what is good for ourselves, even though it is difficult, we do our outmost to succeed. In this was we are on the right track of writing our history.

Activity A

What does the word DETERMINATION bring to mind?

Knowing what

DETERMINATION

When Jesus was alive, he was determined to accomplish all that he was meant to do. Even though this cost him his life, he was satisfied that he had accomplished all that his Father had asked of him. The verses below are taken from episodes out of Jesus' life that show how determined he was to do all that was necessary.

Match the two halves to make a complete verse:

1. Jesus raises Jairo's daughter from the dead. Mt 5, 22-43	`Leave me alone, Satan!'
2. Healing on the Sabbath day. Lk 13, 10-17	`Do not try the Lord your God'.
3. Peter does not want Jesus to suffer Lk 22, 7-23	`Let the little children come to me'.
4. Jesus in the desert. Mt 4, 1-11	`The girl is not dead, but asleep'.
5. Jesus with the children. Mt 10, 13-16	`Even this woman is the daughter of Abraham.'

What does this tell you? Activity C

Discuss

Peter was a very determined young boy. A few weeks earlier, his best friend Tom had left him out of the football team because he was not 'good enough'. This had really bothered Peter, and he was waiting for the opportunity to pay him back. One day, Peter found some money lying around on the teacher's desk and he secretly put it in Tom's jacket pocket. Tom got into a lot of trouble.

- a. Do you think Peter was a true friend?
- b. Did Peter's determination lead him to a good or bad thing?

c. Therefore, I must understand that

God tekes cere of us

God really and truly loves us all a lot! He takes care of us and provides all we need to grow into complete and beautiful people. The Book of Wisdom in the Old Testament has a verse which says: 'For there is no God, other than you, who cares for everything.' (Ws 12, 13) In the New Testament we find many similar verses, one of which is found in the First Letter of Peter which says: 'Unload all your worries onto him, for he is looking after you.' We must appreciate all that God does for us and for our wellbeing and strive to become better.

Activity A

Jesus says: 'Look at the birds of the air, they neither sow nor reap, nor do they hoard in barns, and yet your Father who is in heaven feeds them.

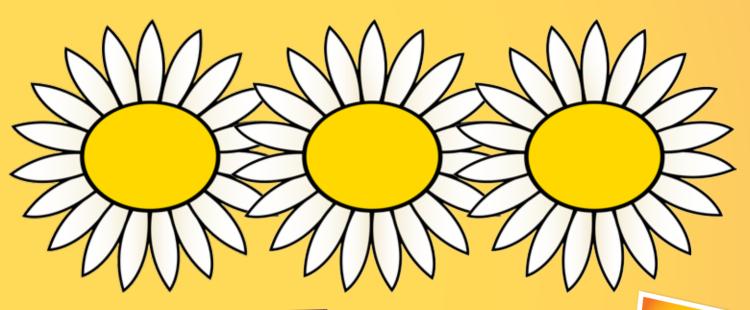
Are you not worth more than these?' (Mt 6, 26)

a Draw a nicture that illustrates the above quote

b. What does this sentence tell us about God?

a. Draw a pierare mar masma	ico ine above quote.	

God takes care of us through the people in our lives. In the petals of the flowers below write the names of the people who care for you.



What does this tell you?

Activity C

Discuss

Martha needed to go out. Unfortunately, she left her sick mother at home alone. On her way to mass, she met her friend Michela who told her:' I really admire you! Even though your mother is sick, you are always calm and you do all your homework!' 'I am not always happy, you know...' answered Martha, 'But I believe that God loves me and will never abandon me. This thought helps me to look at life positively.'

- a. Describe Martha's character.....
- b. Martha was able to remain calm in spite of her difficulties. Why?
- c. Therefore, I must understand that.....





We do not live and grow alone. We are surrounded by people who help us grow into responsible citizens and good Christians. But we have to admit that we do not like everyone in the same way. We like some people more than

others. But we must respect everyone equally. Jesus also led the way by showing us how to respect and even love those people we do not really like. Jesus loves everyone, and he wants us to love everyone too.

Activity A The important people in our life, who are crucial for our development, deserve love and respect. Below write who these people are and why they are important. My parents / guardians They work very hard so that I always have what I need.



Throughout the Gospels, we can see how Jesus truly loves and respects everyone. In the Gospel of Matthew, chapter 15, 21-28, we read the story of the woman from Syro-Phoenicia, whose people were not very well liked by the Jewish people. She went to Jesus because she needed his help, and Jesus gave her what she needed.

Choose the right one.

- a. Why did Jesus answer: 'It's not fair to take the children's food and throw it to the house-dogs'? (as a joke; to reward her great faith)
- b. What special attribute did the woman have (indifference; faith)
- c. Do you think the apostles liked this woman? (no, she was bothering them; yes, they showed her respect.)
- d. Which sentence shows that this woman had great faith? (even the dogs need to eat; I am like all the others)
- e. Which phrase shows Jesus' great love for this woman? (Let your wish be granted; I will tell you later)

What does this tell you? Activity C

Discuss

Rita ran out of her house and slammed the door loudly. She had to go and buy something from the store down the road for her aunt. But she had just got back from school and she was hot and hungry....It was not the first time her aunt had forgotten to buy bread, or something else, from the store, but now it was happening too often, and Rita was getting very annoyed. On the way back from the store Rita started feeling sorry for over reacting. Her aunt was a sweet, kind soul, who loved her dearly and spent many hours listening to her moan about her homework and what a lot she still had to study.

- a. Describe Rita's attitude at the beginning of the story......
- b. What can Rita and her aunt do to create a better understanding between them?.....
- c. Therefore, from this story I understand that

y tell me

Jesus was the best teacher ever because he practised what he preached. Jesus also said: 'This is my commandment, that you love each other as I have loved you'. (Jn 15, 12) Jesus really did live this sentence, loving to the full, preaching and teaching constantly, healing, forgiving sins and helping in any way he could. All of this eventually led him to the cross.

Activity A

We mention the word love many times....it is something we desire.

Write four words that show that Jesus was truly a great teacher.

Activity B

Jesus was the best teacher the world has ever had. We see this clearly in the Gospels which tell the life of Jesus, what he went through, who he met. One of these stories is about a great catch of fish.

> Read the full story in the Gospel of Luke chapter 5, 1 - 8 and then match

1. Match the statements on the right with those on the left.

Jesus taught and threw in the people the nets. Later he asked they had to Peter call another boat for help. Peter explained from Peter's to Jesus boat. **But Peter** to throw the nets into the sea. obeyed Jesus They caught so they had been

fishing all night

for nothing.

many fish

I will cost the nets



c. Therefore, I must understand that.....

monly sey the word, eine iny serveint will be heeled.

Jesus always encouraged people to go to him and ask for help. With love, respect and generosity, he always drew people to himself. All kinds of people were drawn to Jesus, not only Jews, but even people who were not Jews. When people realised who Jesus really was, they too asked for his help. One of these people was a Roman centurion.



Activity A

Read Luke 7, 1-10

Re	ad the story of the Roman centurion and then discuss the following questions.
a.	After reading the story, write two things you noticed about the Roman centurion.
b.	What was the centurion's attitude towards Jesus?
C.	Why did Jesus praise the centurion?
d.	What did Jesus admire most in the centurion?



c. Therefore, I must understand that

.....

To God all Glory and Praisel

In our life, we often come across people who make a big impact on our lives, to the extent that we want to become like them. In Jesus' time, there were people who wanted to become like him, because they admired the way

he talked, and because of the way he reacted to those who liked him and those who did not like him. Jesus was truly the most perfect man, because no one can ever love like he did. He showed us how a truly perfect life should be.

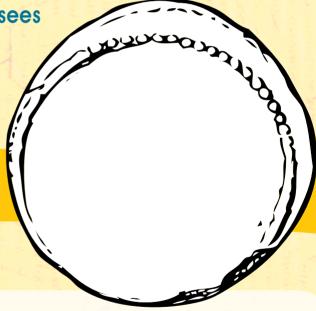
Read the story of the Coin of Caesar and then discuss the following questions:

Read Luke 20, 20-26

1. In your opinion what did the Pharisees think of Jesus?

Activity A



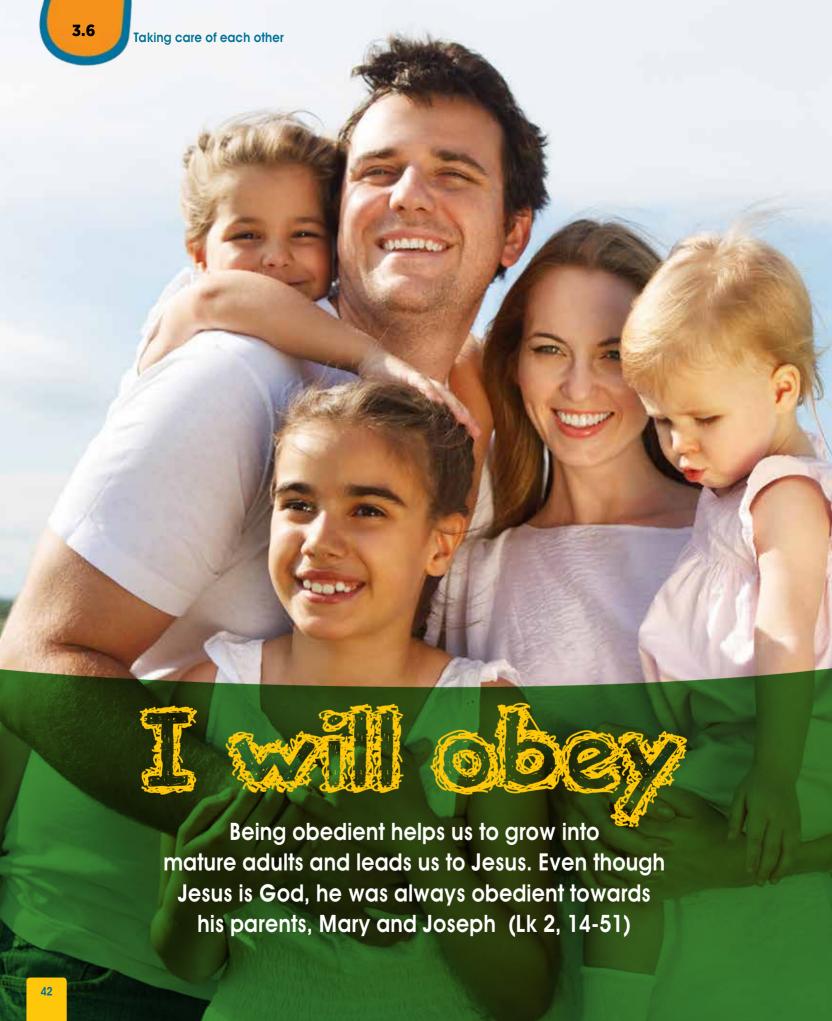


2. Choose the right word and discuss:

- a. The Jews lived a (good, difficult) life under Roman rule.
- b. They asked Jesus questions to (learn, try him).
- c. Jesus asked for a coin to (explain himself, lie to them).
- d. Jesus stated that we should (give, take) everyone what is theirs.









Jesus shows us how to obey. Put the following sentences in order by writing the number as shown. The first one is done for you.

The priests were astonished at his wisdom.	
Jesus went to Jerusalem with his parents.	1
His mother and father were looking for him.	
He was amazed at the beauty of the temple.	
They looked for him all over the place for three whole days.	
There he found some experts of the law and he stayed with them.	
He went with them and obeyed them.	
He answered by saying that his mission was to be in his Father's place.	
Jesus grew in wisdom and love towards God and towards others.	



Discuss

- a. What does the phrase 'he obeyed them' tell you?
- b. Why do you think Jesus grew in wisdom and love towards God and others?
- c. Mention three instances when obeying could be hard.
- d. Why is it hard to be obedient?

What does this tell you?

Activity C

It's time to go for your catechism lesson, but you just can't get up from the sofa... you are in the middle of watching a really good film. To make matters worse, you're all alone at home and there is no one to force you to go.

- a. What should you do?.....
- b. When we are obedient we are eventually rewarded.

Give some examples where this phrase can be true.

c. Therefore, I must understand that.....

Discuss



Christmas is a magical time that brings happiness, peace and love. Jesus became man for us – to save us and to make us one big, united family. Decorating the Christmas tree and buying presents is not what Christmas is about. What truly makes Christmas is helping those in need, the sick, the lonely, and the old people. At Christmas Jesus wants all people to be filled with His peace and love.

Activity A

Fill in the blanks below with the words in the box

Joseph • Mary • joy • birth • peace • Bethlehem • love • Jesus • crib

Christmas is a feast of true	We are
reminded of the	of baby Jesus.
and	found a
cave in	Each time
we show	to others, we are living the true Christmas
spirit. Jesus came to the world to bring	
also remember that	was born for everyone.
Besides decorating the Christmas tree, let	t us make sure that we have baby Jesus in
the	

Activity B

Match Column A with Column B

Christmas is a time of

Baby Jesus was born

St. Joseph

Mary

Jesus is the most important

in a cave to save us.

accompanied Mary to Bethlehem.

always said 'yes' to God's call.

person in the crib.

peace and joy.

What does this tell you? Activity C

Discuss

- a. Think of last Christmas how did you celebrate it?.....
- b. Christmas is Jesus' birthday. What does this mean?.....
- c. Therefore, I must understand that.....

The Joy of Christmes

Whenever we celebrate something together, it is always a happy time. We prepare by decorating the house and we look forward to playing with our friends, sharing all that we have. We laugh, give each other presents, help and try to be of service to each other. This is ultimately what helps us become one, whole, big family as Jesus himself wants us to be. The birth of Jesus gives us this joy which we live and experience together.





Fill in the blanks

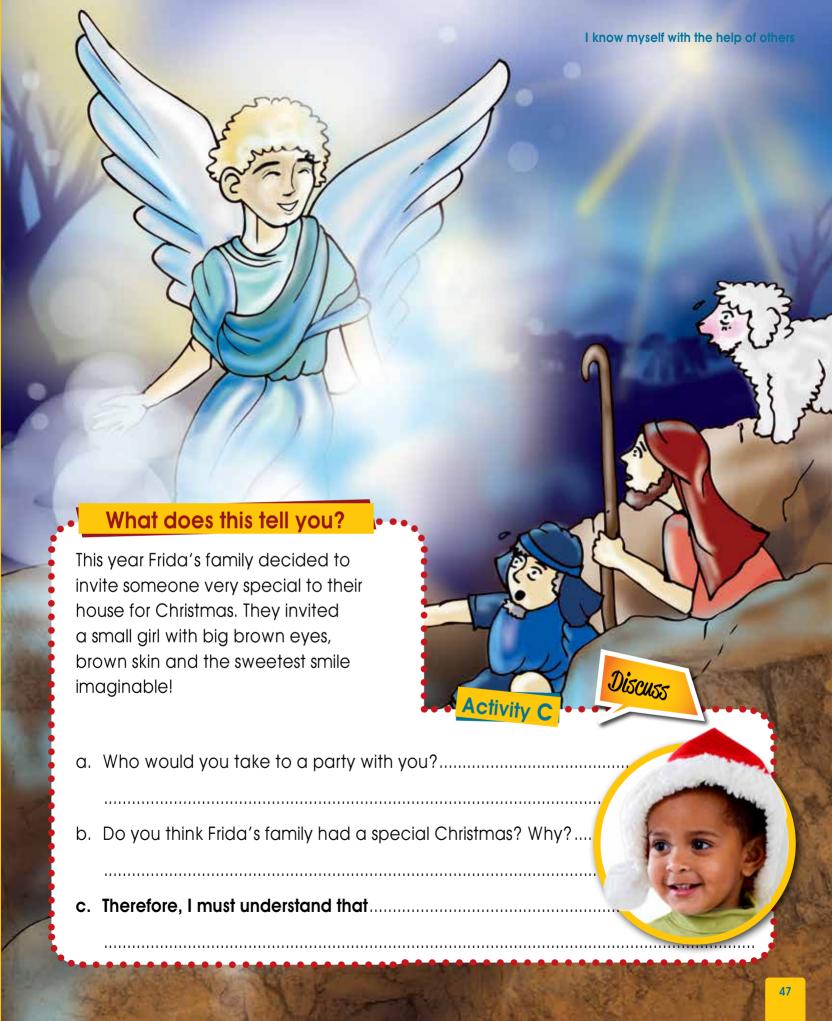
dwelt • Lord • Mother • Mary • man • holy • handmaid • will • son

The angel of The Lord	appeared to	And she became a
•••••	with the help of the	Spirit. Behold
the	of the	Let it be done to me
according to your	And the	of God
became	and	among us.

Activity B

Join these phrases so that they form sentences:

1	Too much shopping for presents		with family and friends.
2	When we respect each other		all the family should be at home.
3	We should want to spend Christmas		so that all humanity can live in peace.
4	When we organise a small party	1	lessens the true meaning of Christmas.
5	Jesus was born		we live together as a family.



Reci Christmes

War brings hatred, death and cruelty while making enemies of nations. Peace, on the other hand, brings unity and love, even in unfriendly situations. This is exactly what happened on Christmas Day in the First World War in 1914. The English and German soldiers fighting against each other in France, decided to work for peace instead of killing each other. They joined forces to celebrate that special Christmas. This peace and unity helped them become friends! Unfortunately, this did not last long as they resumed fighting once Christmas was over.

Activity A

After listening to the above story, continue the sentences below:

- a. The war was between English and soldiers.
- b. These soldiers decided that on Christmas Day they
- c. To celebrate peace and unity these soldiers
- d. The next day they started
- e. This is a sweet but sad story because



Activity B

Put the words in the correct space.

war • life • love • peace • Lord

a. We need to work forwhile never letting ourselves be influenced by ideas that might bring b. God is the...... of life and He gives life and takes life. c. We should always try to show solidarity and towards others. d. War only takes away from humans.

What does this tell you? Activity C

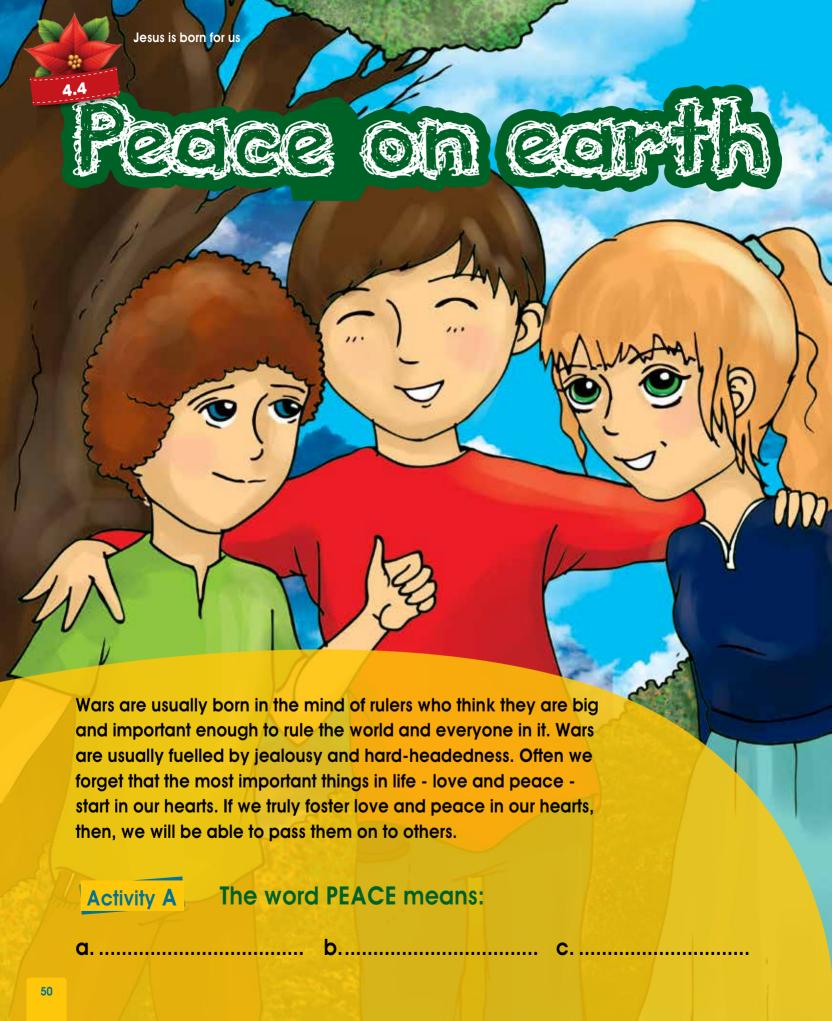
Sharon had a dream...she wanted to be first in class. But she knew Mariella Viscuss much better student. Sharon decided to sit next to Mariella to become friend with her. She believed she could only gain from this friendship. Mariella was not stupid; she realised that Sharon had an ulterior motive, but she never complained. She tried to be the best friend she could.

- a. What is similar between Sharon and the soldiers in the war?.....
- b. What is similar between Mariella and the soldiers in the war?

.....

c. Therefore, I must understand that......





Activity B Join the words with the definition.

PEACE

Lisa's father passed away and her friend Janet spent the day at her house to support her during this difficult time.

JOY

We organised a huge party for him when he came back from hospital.

SOLIDARITY

Kate did not do very well in her exams, yet she was still very happy for her best friend Kim who came first in class.

LOVE

Rita did not have a computer, so I invited her to come over to my house to use mine to finish her project on time.

HELP

Jason and Andrew were not speaking to each other after a huge fight. Jake kept on trying and trying to make them friends again, until he succeeded.

What does this tell you?

Activity C



Patrick was a happy boy with many friends. Yet, whenever he heard Tim talk, he used to become red in the face and try, at all costs, to make fun of what Tim said.

a. Do you think Patrick loved everyone?.....

.....

- b. What was his problem?
- c. Therefore, I must understand that.....





They ceine to edore him

The shepherds, who were very simple and ordinary people, came looking for Jesus and when they found him they knelt down and adored him. Our Lord does not see if we are important or simple people, or whether we are beautiful or ugly. He only sees what we have in our heart – he sees the love we have for others....the same love He has for us that was manifest when he became man. It was his wish that the shepherds, simple and good man, would be the first to visit him. We should be grateful to God the Father for sending His son Jesus to show us love, joy, peace and unity and who opened the way to heaven for us all!



Read the following sentences from the Gospel of Luke Chapter 2, and put them in order.
The glory of the Lord shone all around them.
The shepherds were tending their flocks by night.
The angel of the Lord appeared to them.
With the angel there was a great throng of heavenly hosts, praising God and singing.
The angel told them that a Saviour had been born to them.
And so they hurried away and found Mary and Joseph and the baby lying in a manger.
They were terrified, but the angel told them, 'Do not be afraid'.
The shepherds said to one another ,'Let us go to Bethlehem.'
The angels went back praising and glorifying God, it was exactly as they had been told.
'Glory to God in the highest heaven, and peace to men who enjoy his favour.'
What does this tell you? Activity C Discuss
a. Imagine you were one of the shepherds, tending your flocks during that cold,
winter night. What would you have felt?
b. The shepherds were the first to see Jesus.
Why in your opinion did God want this?
c. Therefore, I must understand that
•

Wheit Christmes teeches us

All the characters that fill up our crib have a story to tell- some happy, some sad. But one thing is for sure – they manifest their participation in Jesus' birthday and how they loved him. Mary and Joseph did all they could for Jesus to be warm and comfortable. The angels and the star told the whole world about Jesus' birth. The shepherds and the Kings adored him. The cow and the donkey kept the stable warm for him.

Activity A

The Christmas Story

Read Matthew 2, 1-12

Israel • King • Herod • prophet • Bethlehem • priests • star • Three • worship • homage

Jesus was born in			
	was King		
wise man came from the east looking for Jesus. They asked 'Where is			
the infant	of the Jews?' 'We saw his		
	as it rose and have come to give him		
9688	' When King Herod heard this, he was perturbed.		
He called together the chief.	and asked them		
where the Christ was to be born. 'At Bethlehem in Judea' they told him, 'for this is			
what the	wrote':		
And you Bethlehem, in the land of Judah. Out of you will come a leader, who will			
shepherd my people"			
So Herod sent the wise men to	o Bethlehem, and told them to return to him once they		
had found the child, so that he too could go and			
him But Herod only wanted to	o kill the child		

Activity B

Look at the crib – which character would you like to be and why?

Mary • St. Joseph • the donkey • the star • Jesus in the manger • the wise men

l w	ant to be	because
•	What does this tell you?	divity C Discuss
she the	Itricia was ecstatic! She had received many Ce liked; others not so much, either because she by were not interesting. When her mother told we away to charity, Patricia decided to give a	ne had like them already or because the her to choose some presents to
a.	What does this decision say about Patricia?	
	What should Patricia have done to really love loves us?	
C.	Therefore, I must understand that	

Who ere our friends?

Our first friends are our parents or those grownups and family members who take care of us and give us all we need to grow healthily and safely. But once we grow up we make new friends, those we meet at school, at catechism classes or at other activities we might attend, like Scouts, ballet or any other sports activity. But, we must distinguish between friends and best friends.

Activity A Join the phrases to make whole sentences.

1	To be good friends	so as not to hurt our friends.
2	We should always help our friends	we need to know what true friendship is.
3	We must be careful what to say	stay by our side when we most need their help.
4	True friends are those who	always loyal and true to each other.
5	True friends are	especially when they need help.



Discuss



Activity C ...

What does this tell you?

Activity B

good friends.

of your own.

Jordan and Paul are good friends and form part of the same football team. Paul often tells other friends that Jordan, who is his best friend, needs no other friend but him, especially in troubled times.

a. In your opinion, why did Paul say this about Jordan?

- b. What should Jordan do in this situation?.....
- c. Therefore, I must understand that.....

The importence of loyelty end honesty in e friendship

Friends who are not loyal and honest are not really friends. In the Gospels, Jesus shows us how friendships should be. When friendships go through moments of difficulty, we should always be ready to forgive each other like Jesus forgives us.



When Jesus wanted to teach us about being loyal, he told the story of the unforgiving servant.

After reading:

Mt 18, 23-35

- 1. Choose the right answer.
- a. A parable is (a real, an unreal) story with a lesson.
- b. The (servant, friend) had the largest sum of money to give back.
- c. The servant (wanted to, did not want to) forgive his friend.
- d. The master was very angry at the (servant, friend)
- e. The master expected the servant (to do like him, to punish his friend).

2. Answer the following:

- a. Why do you think the master was angry at his servant?.....
- b. When all was said and done, who do you think suffered more?



- a. Jesus was ready toeveryone how to behave.
- b. Jesus is always ready tous when we do something wrong, especially if we show that we are
- c. We should always be.....and

.....with our friends.

What does this tell you? ... Activity C

Discuss

Karl was not in the mood to play football during the break. His friend Jason was very angry for, all morning he had been looking forward to playing football during the break. But Karl was not feeling well and Jason did not even bother to help Karl.

.....

- a. Do you think Jason was a good and true friend?.....
- b. What should Karl have done?.....
- c. Therefore, I must understand that.....

The beauty of Continue of Cont

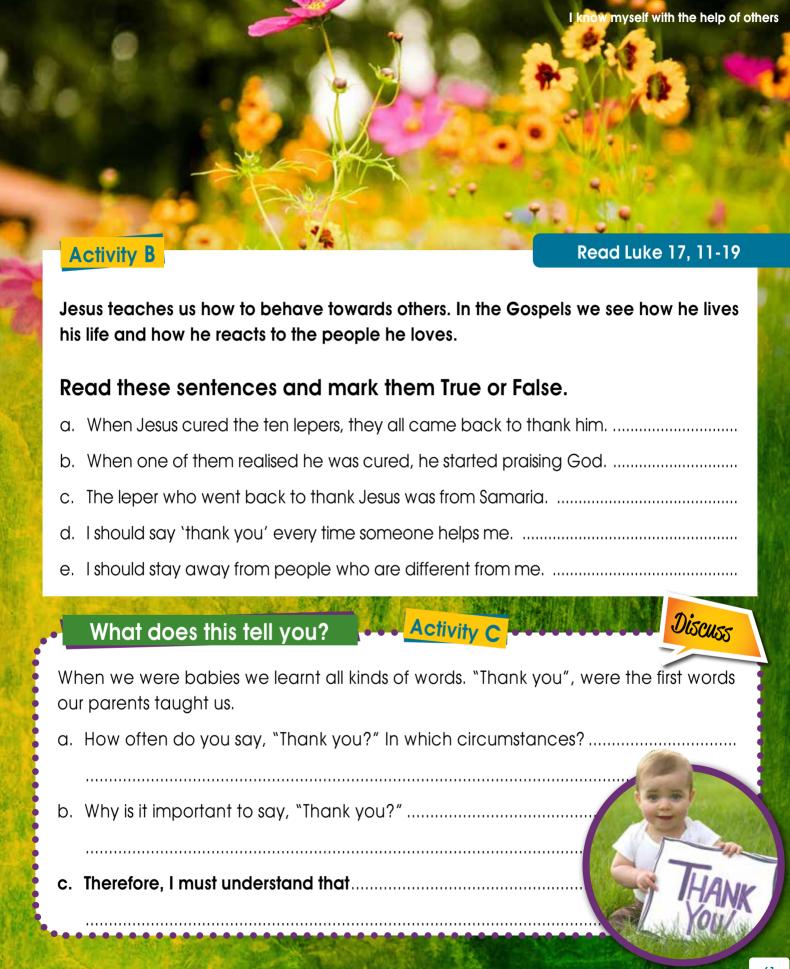
Throughout Jesus' life, he showed us many times how beautiful it is to appreciate all that others do for us. Of course we cannot expect that others thank us constantly for all we do for them. But even though others might forget to show their gratitude towards us, we need to be constantly grateful towards others.

Activity A

Write the names of (or draw) four people to whom we should show gratitude.

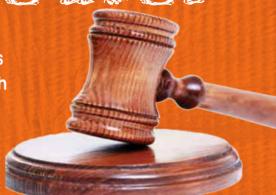


When I say 'Thank You' to the other person, I am concretely showing my gratitude. This means that I appreciate what the person is doing for me.



ow should we has

Jesus teaches us how to really love one another. For example, one of the most important things Jesus teaches us is that we should always forgive and never judge each other. Unfortunately, we are often too quick to judge each other. We really have no right to judge each other, because we can never know all the circumstances a person is passing through. Only God knows everything.



Activity A

Matthew Chapter 18, 21-35

St Peter once asked Jesus a very important question.

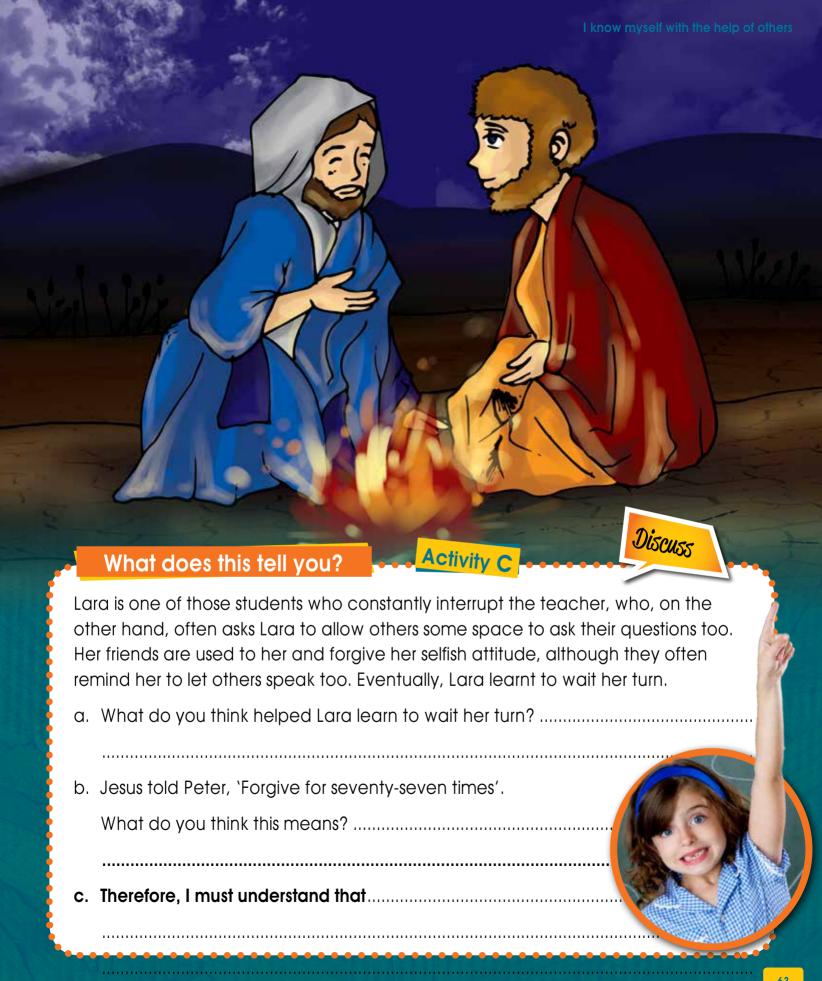
Use the following words to fill in the blanks below.

turned • seventy-seven • Lord • times • forgive • seven

Peter	towards	Jesus and asked him:	
1	, how many		should I
	my brother? U	p to	times?'
'Not seven times', said Jes	us, 'But	times'	

Activity B Read Luke 6, 37-40 and match the following phrases:

Do not judge	and you too will not be condemned.
Forgive	and you shall not be judged.
Give	and you too will be given.
Do not condemn others	and you too will be forgiven.





Activity A

Mt 18, 1-5

Activity B Wordsearch

Choose the right phrase

- a. Jesus wanted the children to come to him because
 - they like playing
 - they do not think they are better than others
- b. The children Jesus mentions in the Gospel are those children who
 - are cruel
 - accept and love everyone
- c. To be 'humble' means:
 - to be proud
 - to believe that you are not better than anyone else

Find the words in the box in the word search below:

disciples • kingdom • boy • heaven • children • Jesus • God •

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What does this tell you?

Activity C

James was a new boy at school. The headmistress brought him to our class and he breezed in without batting an eyelid, looking at all of us like we were some inferior species of boys. I was surprised that he seemed so sure of himself on his first day at school and I wondered whether he was the type to cause trouble. But when the bell rang for break, I decided to go and ask him to join us to play football. He seemed hesitant, and explained that he did not want to intrude on our game.

- a. Why did I judge James wrongly?
- b. Why should we not judge each other?.....
- c. Therefore, I must understand that.....



Discuss

Meling The Field choices

It's a fact that our friends influence how we think and what we do. That's why it is so important to know how to choose between 'good' friends and 'bad' friends. We also need to learn how to be a good friend like Jesus was. Jesus is the best friend we can ever have!

Activity A

Read John 15, 12-15 and fill in the missing words:

''This is my commandment: that you	
each other like I love you. If you do this, you	will no longer be called
be	ecause a servant does not know his
master's business. I have called you friends, I	oecause I have told you all I have
received from my	

Activity B

Read 1 Corinthians 13, 4-8

In his letter to the community of Corinth, St. Paul tells us what a true friend is and how to truly love each other.

a.In the blank spaces write two words that express what true love is:



The people most

Our family and friends are important to us. With them and through their help we live and grow in harmony. Like us, they might have their own opinions. Like us they

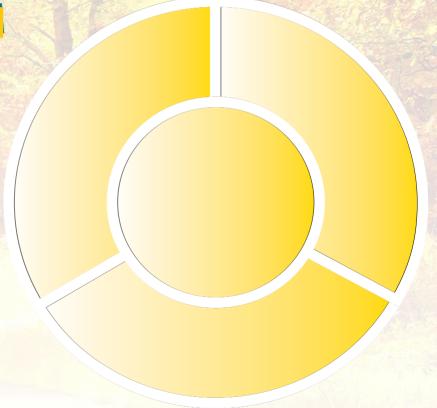
might have their moods, at times being happy and other times being worried, scared or tired. The people in our lives can have different feelings from day to day. We need to understand this so that we can still love and understand them.
Understanding them also helps us to cultivate a peaceful and respectful environment.

Activity A

Jesus used to spend most of his time with people. But he used to spend a lot of time with his best friends, the apostles, who were very important to him.

Three of the apostles were extra special friends and they were present with him in important moments throughout his life.

1. Write their names in the circle around Jesus' name.



2. Name two instances when they were with Jesu	2.	Name	two	instances	when	they	were	with	Jesu
--	----	------	-----	-----------	------	------	------	------	------

a.....

b.

3. True of False

- a. The apostles Peter, James and John were always faithful and loyal to Jesus. True | False
- b. The Gospel does not give us much information about James. True | False
- c. Jesus loved his apostles very much. True | False
- d. John was with Jesus till the moment he died on the cross. True | False
- e. Peter loved Jesus in spite of his character. True | False
- f. Peter denied knowing Jesus three times. True | False
- g. Jesus forgave Peter. True | False

Activity B

1. In the hearts provided below, write three things that friends do.



Manuel was a very popular boy at school. He was very good at playing football and basketball. Manuel also knew what it meant to be a real friend. He was not selfish as he used to let others play. In fact, when there was no place for everyone to play, he used to give up his place so that others could play. Manuel was also very generous; he used to share his lunch and sweets. **Continue:**

- a. Manuel was a real friend because.....
- b. A friend like Manuel should be
- c. Therefore, I must understand that.....



Jesus built a true and sincere friendship with his friends the Apostles. He shared his very life with them, and he was present in their lives too. He taught them in the way they could understand. He also stood up for them and

defended them. Three of the apostles were extra special to him; maybe he felt more comfortable in their presence. He wanted these three apostles to be prepared for his passion, so that they would not panic at the moment of truth. So as to fill them with courage, he went up with them to Mount Tabor and there was transformed in front of their very eyes. At that moment they saw how beautiful heaven was and that Jesus was truly the Son of God.



Read Matthew 17, 1-9

Now complete the following sentences:

a.	Jesus took his friends up
b.	Jesus' face
<u></u>	Jesus' clothes
d.	With Jesus they also saw
e.	They heard the voice of the Father say: 'This is

Activity B

1. Look at the following pictures.



My name is Anna, I have many friends.



We play together and have lots of fun!



Occasionally, we argue but we make up soon!

2. Discuss the pictures above and answer the following questions:

- a. How do you spend your time with your friends?
- b. Do you ever quarrel or argue?.....
- c. How do you make up?.....

What does this tell you? Activity C

Keith was really angry and hurt that all his friends had abandoned him. He had been nasty to them, had teased and annoyed them. Still, he was really upset when they all decided to stop being friends with him.

- a. Keith was now alone because
- b. His friends should have tried to speak to him about
- c. Therefore, I must understand that.....



Friends help us

We all have friends. They help us grow and become better persons. Friends copy each other all the time, and when what they copy is good, they become better people together. When we see our friends being praised for something good, we automatically want to be good like them. Our friends see our capabilities and our potential, and they help us achieve our goals and dreams.



Activity A Match the columns

	1	2
а	If you want good friends	and should support and praise you.
b	Friends do not always agree with what we say or do	at your failures, but support and encourage you.
С	Friends should be happy with your achievements	is a friend indeed.
d	True friends do not laugh	but they still accept us and listen to what we have to say.
е	A friend in need	should always be truthful.
f	A good, honest friend	be a good friend yourself.

Activity B

Read the following stories and answer the questions. Michela has a particular problem. When she was a baby she fell from the table and hurt her backbone. Now that she has grown up into a young girl, she finds it hard to get up from her chair at school, because of this mishap. Michela is a very intelligent girl and does well at school, but she needs help with moving from one place to another. But, most of all, Michela wishe to have a few good friends of her very own. a. How can you help Michela Tonio is one of those students in class who is always ready to help. Everyone wants to be his friend because he is outgoing, intelligent and is always ready to say what he thinks in a polite and often funny way. b. Would you want to be Tonio's friend? Why?..... Discuss What does this tell you? Activity C Peter and Mark are good friends and are always together. But Peter has fallen

into the habit of relying on Mark for everything. He constantly asks him to lend him things, to help him with work, to play with him. Sometimes it can be a bit too much for Mark. But when he tries to draw Peter's attention about his lack of confidence in himself, he ends up by saying nothing.

- a. Do you think Peter is a good friend after all?
- b. What would you do if you were Mark?
- c. Therefore, I must understand that.....

God - the Fether of ell

Jesus' lifelong mission was to show us that our Father in heaven is a loving and merciful God. Our God is merciful and good towards all of us who are trying to live a good life. He is also good with those who are not living such a good life, always waiting mercifully for them to mend their ways. Jesus, through his parables, paints a very clear picture of who God is. Jesus shows us how God deals with us and how He is always ready to give us what we need and help us when he sees that we are sincerely working at becoming better human beings. Jesus made it clear that no one should lose hope, because God the Father is a loving and merciful God, always waiting for us with open arms, like a father waiting to hug his child.`

Activity A

In this parable, Jesus shows us how the landowner is very fair with his workers, and gives them what is due to them.

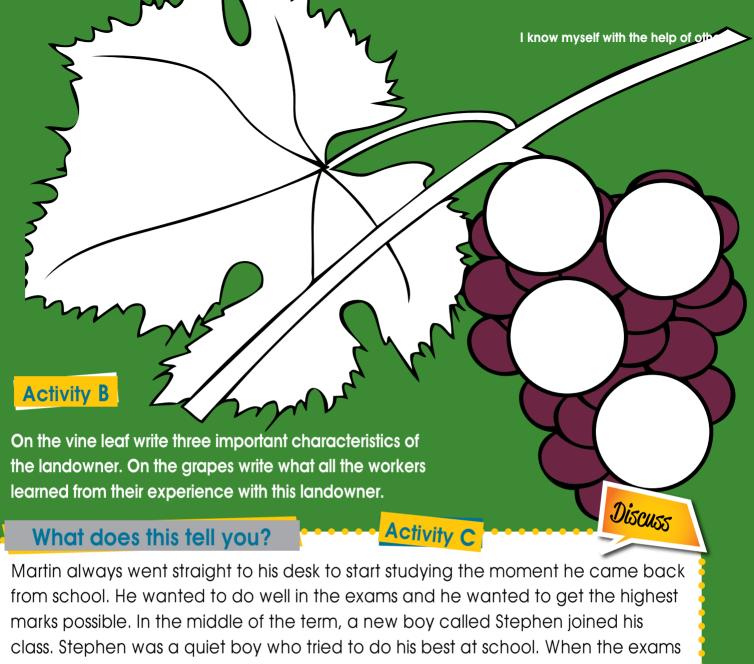
Read Matthew 20, 1-16

1. Answer with True or False

- a. The landowner went out early in the morning to find workers for his field. TRUE | FALSE
- b. He found no one in the morning. TRUE | FALSE
- c. He went out again in the evening and found some workers and sent them to his field. **TRUE** | **FALSE**
- d. He agreed about how much he was going to pay them for their work. TRUE | FALSE
- e. Those who worked the longest got paid most. TRUE | FALSE
- f. The landowner was very fair when he paid his workers. TRUE | FALSE

2. Guess who these could really be

- a. The landowner is really
- b. All the different workers are really.....
- c. The vine field is.....



were over, they both got the same mark, and were jointly top of the class. Stephen was really happy and congratulated Martin on his high marks. But Martin was not so pleased. He was annoyed that Stephen, who had just joined the class, got the same marks like him. He was in a bad mood all week. Poor Martin!

a. Describe Martin's character..... b. Why is Martin called 'poor' in the passage?

c. Therefore, I must understand that.....

Jesus fills our heart with coures

There are times when we start doing something which looks difficult and we think that we cannot finish it, so we decide to give up. Jesus had to face his passion; he knew he had to go through with it. As a human, he was afraid but he was prepared to see it through. During these last hours, instead of concentrating on himself, he also

managed to continue teaching his apostles. He continued showing them how one is to behave towards others. During the last supper, courageously he showed them what true love is. He started with washing the apostles' feet. He even washed Judas' feet! That's courage! He respected him and he waited for him to repent up to the end.

D			D	S D
	0	W		Activity A
S				1. Fill in with words found in John 13 1-11
	E	E		• Disciples • Garments
	A	S	H	• Girded • Towel • Feet • Simon • Wash • Clean
С		E		
		R		T T

2. Choose the right answer.

- a. When Jesus washed the apostles' feet he was being their (servant, lord).
- b. I need to be (courageous, full of myself) so that like Jesus I can (do good, do bad) to those who hurt me.
- c. Jesus told them to (love, hate) each other as he had loved them.

Discuss with your class mates how, in practical situations. you too can love each other in the way Jesus loved.

What does this tell you? Activity C

Discuss

Cathy went to see her grandmother and found her cleaning the house. The parish priest was soon to come and bless the house and she wanted it to be spic and span. Cathy rolled up her sleeves and helped her grandma clean. They worked hard together and soon enough all was done! Cathy told her grandma that it was time for her to go home. Her grandma wanted to give her 5 euros for helping, but Cathy refused telling her: 'I helped you because I love you and not for money!"

- a. Do you think Cathy really loved her grandmother?
- b. Do you see any comparisons between Cathy and Jesus at his Last Supper?.....
- c. Therefore, I must understand that.....



COUPEGEOUS PROPIE

Throughout the ages, many individuals were courageous enough to follow Jesus and walk in his steps. They were an inspiration to all the people in their lives. Paul Miki was one of these persons. He was a courageous and energetic young man who was prepared to die for Jesus. He lived in Nagasaki in Japan, and he worked as a teacher, proclaiming the word of God tirelessly. He was stopped by the authorities from preaching, but he did not obey. Even his friends decided to keep on proclaiming the word of God with him. Eventually, they were all caught and condemned to death, It was very sad for the Christians of that time to see so many young people killed for preaching the Good News of Jesus. Miki remained preaching and praying to the end, even encouraging his friends and forgiving those who were executing him.

Activity A

1. Find the appropriate word in the word search.

a.	Miki and his friends were	
		to a cross
b.	Miki's name was	
C.	Miki went about	
	the Good	News of Jesus
d.	For him, dying for Jesus was a	
e.	Miki and his friends were	
f.	He encouraged his friends to .	
	those that were killing them.	

	()	r															
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	d		С		†	е		a		\dashv			r	<u>'</u>	Э)	u	I
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					9	'	1		V	ϵ	9	λ	(n			7	

Activity B

Paul Miki was an ordinary human being and therefore, he was very scared of dying, especially on a cross. But Paul had a very special gift that overcame this fear – the Spirit of God that was with him and his friends. This Spirit gave them the strength and courage to face all that their enemies had prepared for them.

We too have God's Spirit that we received for the first time in our baptism. The Spirit helps us too, especially when we have difficult decisions to make.

In the boxes below write three instances when we too need the help of the Spirit.



What does this tell you?

Activity C

Marilyn was my best friend; we did everything together. We were so obsessed by computer games that we often played together for hours on end. Once we were browsing through the games store and came across a game that caught our eye, even though it was marked over 18. Marilyn was curious and we started playing it, just for fun, but I was very uncomfortable as it clearly was not a game we should have been playing.

- a. Once the two friends realised the game was not good for them, what should they have done?
- b. What should Marlyn have told her friend?.....
- c. Therefore, I must understand that...



Committed in our deily lives

Being committed means being responsible enough to do everything with dedication. We are committed when we do our best to study and do all our work well. We also show commitment in the way we relate to each other through good behaviour towards our families, friends and school mates. The family is our nest.

Even Jesus had his own nest, where he helped and participated in the best way possible. We need to follow his example. School is your second home. You spend the best part of the day there, and so it is important that this time is spent well. Jesus too, when he was a young boy, used to go to the synagogue to learn.

1. Continue the following sentences explaining the positive things the children are doing.

Activity A

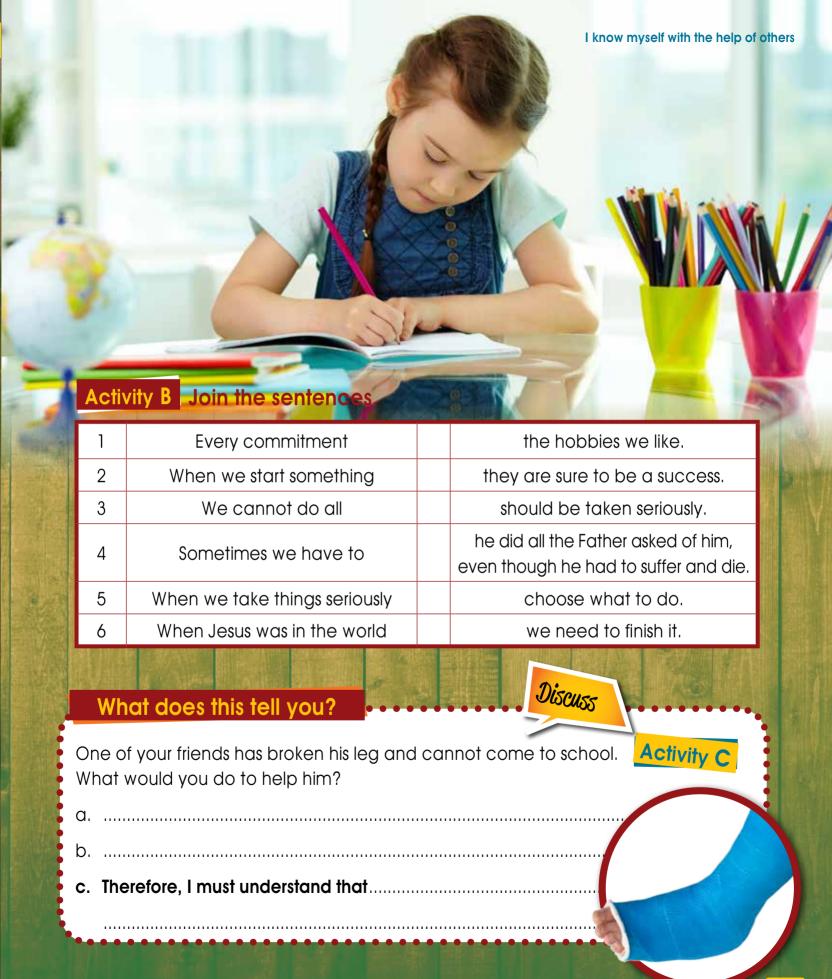
b.	Theresa and Kim are best friends.	Theresa tells Kim her	secrets but Kim never tells

a. Samuel has piano lessons. He never misses a lesson because.....

2. Choose the right answer

anyone else because.....

- a. Sarah loves studying and does her homework (diligently, carelessly)
- b. Rebecca tries to help as much as she can at home. When her mother asks for her help she (invents an excuse, she obeys immediately).





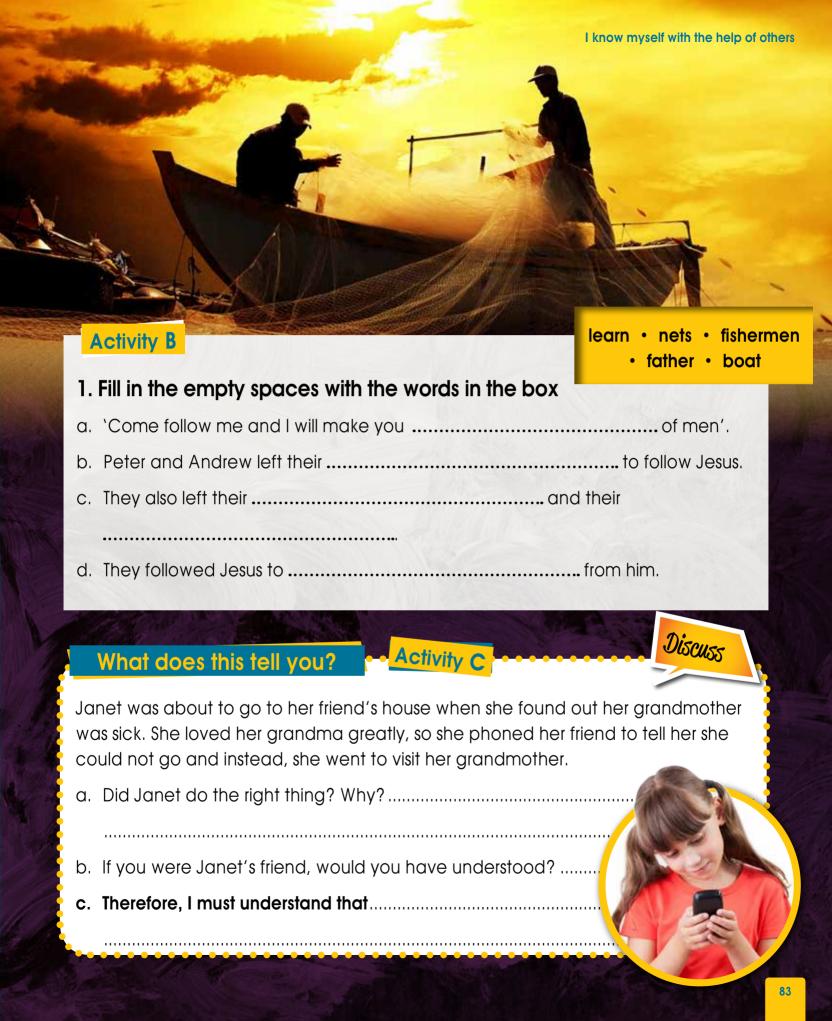
When Jesus went out to preach, crowds of people followed him to listen to what he had to say. These people were called disciples. Jesus though wanted to choose a few special people that would go with him everywhere. Jesus called these chosen few apostles. It was not easy for the apostles to follow Jesus, because

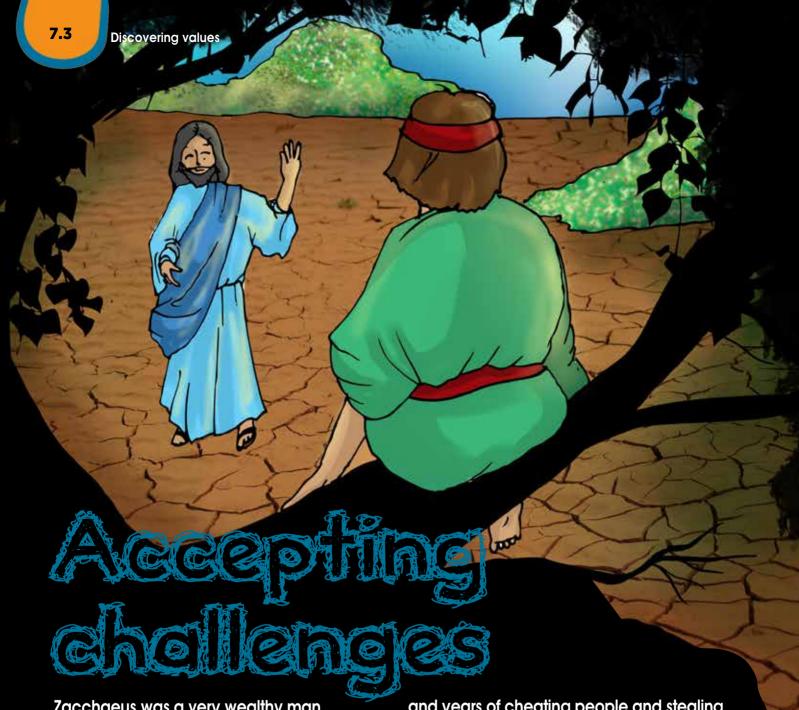
they had to leave their work and their family to do so. It is the same for us too, today. We need to do our duty and be always committed to do our best. In this way we grow into good adults, being able to help those in our lives become as good as they possibly can.

From the information given, name the apostle

Activity A

- a. The first two apostles Jesus called.
- b. The apostle that stayed with Jesus right up to his death on the Cross.
- c. The apostle that did not want to believe that Jesus had risen from the dead.





Zacchaeus was a very wealthy man.

Although he was a Jew, he was very close to the Romans, because he used to collect taxes for them. He was not loved by the Jews, because he stole extra taxes from them, so that he could become rich himself. He had heard about Jesus and wanted to meet him. Of course Jesus would not disappoint him! As soon as Zacchaeus met Jesus, he was transformed. He was faced with an immense challenge – after years

and years of cheating people and stealing from them, he had the courage to change his life. He was ready to give half his money to the poor, and to give back four times the amount to anyone he had stolen from. He did precisely this and his life changed dramatically. To live like Jesus lived is not an easy thing. Many times we fall into sin like Zacchaeus. But the important thing is, like Zacchaeus, to try and overcome our weaknesses and to always strive to do what pleases Jesus.



Read the story of Zaccheus (Luke 19, 1-10)

Discuss the passage you have just read with your friends and, as a group, create a small mime. Then fill in the missing blanks of the following passage with adequate words.

2	Zaccheus was a	man. He cl	imbed up a	• • • • • • • • • • • • • • • • • • • •	•••
†	to seebe	lter. Jesus	Z	accheus. He car	ne
(down from the tree and Jesus	went to his	• • • • • • • • • • • • • • • • • • • •	. Zaccheus won	
	theto be	come a better per	son because	he became a	
•	of Jesus.	M	2 177	2 17/2	
Ac t	tivity B				
	Discuss the following challenges you might come across.		10		Discuss
	What does this tell you? Activity C	Two friends who are constantly fighting	A student who is always disrupting the lessons	Two friends often swear and others in the group smile at them	•••
•	Simon was Charles' best friend his friends. Simon often ignore Many other friends though lef because of this attitude. One final straw for Simon who dec	d this behaviour a t Charles and did i day Charles hit a	nd kept on su not speak to t little boy and	pporting Charles. nim anymore	•
•	a. Why did Simon continue to	be Charles' friend?)		
•	b. What made Simon finally de	·		•	•
•	c. Therefore, I must understar	nd that			

He geithered them together

Everyone wishes to spend time with the persons he loves. If we stop and think, we realise how true this is! Every birthday or feast is spent with the persons we love most and who love us in return. Even in difficult times, we gather round the people in our lives we love most. This happens because these people help us go through difficult times. Even Jesus did this. He spent three years with his apostles, and at the end, he wanted to spend his last few hours on

earth with them. Jesus was about to face his biggest challenge ever – his passion. Even though Jesus is God, as a human being he felt scared and he wanted his friends, the apostles, to help him get through this difficult time.

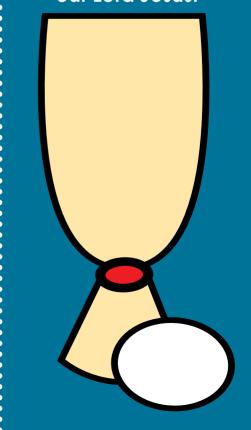
Read Matthew 26, 1-30

1. Fill in the blanks

Activity A

memory • loved • priests • with usdays • Eucharist

2. In the drawing of the cup below, write words of praise for our Lord Jesus.





- a. A type of suffering that is often mentioned in the news, and that is happening far away from us.....
- b. Suffering that is happening right now in your life

Discuss

What does this tell you?

Activity C

Jesus loves us so much that he died for us on the cross. What sacrifice are you ready to make for Jesus so that:

- a. The house is quieter.....
- b. Your friends at school are more united
- c. Therefore, I must understand that.....

"I will heve to de with you"

In the passion narrative, Peter and Judas both let Jesus down in different ways. Judas betrayed Jesus when he gave him into the hands of the priests so that they could kill him. Peter let Jesus down by denying that he knew him, because he was scared. Yet, just a few hours earlier he had told Jesus, 'Even if I have to die with you, I will never betray you.' (Mt 26, 35)

Judas Betrays Jesus

a. Read the passage below and fill in the blanks

Why do you think Judas never managed to go back to Jesus and ask for forgiveness?

"Then one of the	MINE STORY
the man called	DESCRIPTION OF THE PROPERTY OF
said: 'What are you prepared to	
me if I hand	
The state of the s	
over to you?'	
They paid him	
The second secon	
They paid him	
They paid himsilver pieces and from that moment	

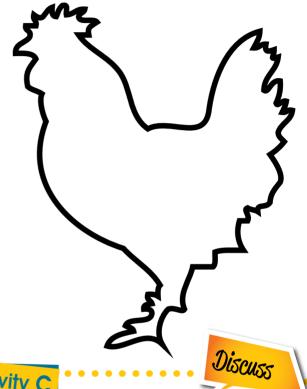


Activity B

Peter's Denial

Read verses Mt 26, 69-70 and fill in the blanks.

b. Write two things that filled Peter with courage and helped him turn back to Jesus to ask for forgiveness.



What does this tell you?

Activity C

Sonia and Stephanie were good friends. But Stephanie was very self-centred and often did what pleased her. Moreover, she often said bad things about Sonia behind her back.

a. If you found out that your best friend was talking about you behind your back, how would you feel?

.....

- b. What are you supposed to do?
- c. Therefore, I must understand that.....







Jesus died for each and every one of us, loving us all equally. When he died on the cross, he knew that we would still sin often. But when we sin, Jesus is always ready to forgive us. Not only, but he completely forgets all the wrong we do. Jesus waits for us until we are truly repentant of our sins. We, on the other hand, need to feel sorry for our sins and go to confession and promise not to sin again. To show his great love for us, when Jesus was dying on the cross, he gave us his own mother Mary. Mary shows us the way to her son Jesus. She teaches us how to relate to our family members and how to behave in all the circumstances that come our way.

Activity A

On the cross below, write some things that can hurt Jesus.

We must always remember that Jesus died on the cross for our sins and we always need to ask His forgiveness.



Activity B

1. Mary Mother of Jesus Standing near the cross, Mary suffered a lot. She saw her son suffer and die. What do you think Mary felt during this time?
2. Another person who teaches us a lot is the good thief. When the good thief saw how much Jesus was suffering, and when he heard him ask God to forgive all those who were making him suffer so much, the good thief realised that Jesus was indeed a special person, and that he was the true God. He uttered the words that show that he was really sorry for all his sins. He told Jesus, 'My Lord, remember me when you are in your Kingdom.'
a. What was the good thief really asking Jesus?
b. What did Jesus mean with the words he told the good thief?
c. What message does Jesus' words give to us today?
What does this tell you?
Have you ever read the legend of the robin? Read it with your class mates and answer the following questions. When we see Jesus during his passion, do we feel sorry for him like the robin, who loved Jesus and did what he could for Him?
a. How can we be like the robin in this legend?
b. What are you going to do for Jesus to show that you love him?
c. Therefore, I must understand that

My group, my teem, my community

Man was not created to live alone. Along the years, we meet different people with whom we make friends. Our first group of friends is our family. This is a very big group because it includes our grandparents, our aunts and uncles and our cousins. Once we

grow up and start going to school, we start forming part of other groups. We have our class group, our whole school group, the group at catechism, at sports, at music, at drama and others. Some of these groups belong to our community or parish, while other groups are further

away. All these groups we form part of, give us the opportunity to work together and to grow in relationships. Therefore, it is very important that we know how to get on with others so that in all these different groups we can live as one, united family.

In the triangle, write the names of two groups whom you most enjoy	Activity A
being part of.	
a. In which group do you feel	b. Which group do you
most comfortable?	frequent more?



2. Each group has positive behaviour and negative behaviour. Write these down in the columns below.

Good Behaviour	Bad Behaviour Activity B

Being punctual • respecting the leader • gossiping about each other • not attending regularly • listening to each other • always criticising

What does this tell you?

Activity C

During the crafts lesson, the teacher divided the class into groups so that they could work together. One of the groups, though, had trouble coming to a decision.

They were finding it hard to agree on how the model should be done.

Worse still, some of them were not happy with the duties assigned to them

- a. What was missing in this group?
- b. What could have helped the group work better?
- c. Therefore, I must understand that.....

Our shaphard

Jesus waits for us. He wants us to share with him every situation we might be going through, the happy times and the bad times. He wants us to turn to him and trust him. Jesus will never abandon us. He told us that he is **Our Good Shepherd. This** means a lot. In Jesus' time, there were many shepherds who looked after their sheep and loved them dearly. This is why Jesus compares himself to a shepherd, who is completely dedicated to his sheep. Jesus never lies and he only wants to love us and take care of us.

Psalm 23, in the Book of Psalms, is a very beautiful psalm. The Psalmist tells us that God is our Good Shepherd

The Lord is my Shepherd, I lack nothing.
In meadows of green grass he lets me lie.
To the waters of repose he leads me,
There he revives my soul.
He guides me by paths of virtue
For the sake of his name.
Though I pass through a gloomy valley,
I fear no harm;
Beside me your rod and your staff
Are there, to hearten me.

In the box below draw a picture of what struck you most while reading Psalm 23

Discuss

Activity B

God sent Jesus to be our Good Shepherd. How does Jesus show us that he is the Good Shepherd? In the circles below, write what Jesus does to show that he really loves us and takes care of us.



What does this tell you?

Activity C

My parents were going to a wedding. I would have gone with them but I wasn't invited and this made me a little angry. My grandmother came to sit with me while my parents went to the wedding. Together we spent the time talking, watching television and playing board games. It was a pleasant time and my mood soon changed for the better.

- a. What did the time spent with your grandmother mean to you?
- b. Mention another time you felt good in the company of someone
- c. Therefore, I must understand that.....

Jesus, the best lecter even

When the Holy Spirit descended on the apostles, they were filled with courage and joy. They went out to preach the good news about Jesus. The Spirit left an important mark on the first Christians, even through what the apostles were preaching. We too have the same Spirit within us. If we let Him lead us, he will show us how to be like Jesus in all the circumstances of our life. The Spirit can work the same miracles in us as he did with the apostles!

Join these sentences

Activity A

Read Acts 2, 42-47

1	The first Christians	and gave the mone apostles to share amone	•
2	The first Christians were united	believed all the apostle	s told them.
3	They sold everything	to the Temple to	pray.
4	They made it a point	believers grev	٧.
5	They also went	to meet every o	lay.
6	Every day the number of	and shared all the	y had.

Activity B

- 1. Consider the circumstances below, and write how you think the Holy Spirit could help you.
- a. You need to study, but you only feel like playing on the computer.....
- b. Your grandmother would like you to spend a weekend with her, but you want to go out with your friends

What does this tell you?

Activity C

The apostles preached about Jesus to the people they were forming and growing. This is how the Church grew

a. Who makes up this community that we call the Church?

i.....

ii

b. Therefore, I must understand that.....



2. The apostles preached about Jesus to the people they encountered. Mention two things you can do this week that will help others know who Jesus is.

The Spirit that Cives us life

The Holy Spirit is with us always. He was with the apostles, and Jesus wants him to be with us too. That is why we must let him work in us. Do you know that you are a temple of the Holy Spirit? You are a temple because the Holy Spirit that you received in your Baptism lives in you. The important thing now is to

appreciate this great gift and to let the Spirit work in you. He is a great force! And he has many gifts that he wants to give you, gifts that will help you live at peace with yourself and with others. The Holy Spirit gives us seven important gifts and it is important that we learn how to use them well.

In the word search below find the following words:



F	Е	Α	R	0	F	Т	Н	Е	L	0	R	D
A	W	R	E	K	Υ	F	W	R	T	E	J	P
Н	Е	P	I	N	S	Н	U	D	Н	S	Α	R
K	0	S	L	0	T	М	N	U	С	G	В	E
E	٧	Υ	E	W	I	S	D	0	М	I	Χ	U
L	I	D	U	L	P	F	E	М	J	Α	G	E
Н	S	С	T	E	G	М	R	W	F	В	R	N
V	T	С	В	D	S	Χ	S	P	0	С	S	T
G	М	0	F	G	Z	Υ	T	D	R	R	0	L
S	Z	U	N	E	S	L	Α	T	T	E	М	G
T	U	N	В	ı	Α	Z	N	W	ı	K	T	W
М	S	С	J	K	E	М	D	٧	T	S	R	В
0	P	I	E	T	Υ	R	I	N	U	Υ	R	D
U	J	L	F	R	Z	W	N	М	D	М	D	٧
Р	W	N	E	Α	S	М	G	F	E	0	K	S

WISDOM
UNDERSTANDING
COUNCIL
KNOWLEDGE
FORTITUDE
PIETY
FEAR OF THE LORD



Activity B

In the situations below, discuss in your group, which gift of the Holy Spirit is needed.



- a. Mark loves Jesus so much that he does all he can so as not to hurt others, because in each person he sees Jesus.
- c. Philip always pays attention to the sermon during Sunday mass. He wants to understand the message and do what Jesus asks of him.

FEAR OF THE LORD • WISDOM • UNDERSTANDING • FORTITUDE

What does this tell you?

Activity C

Two girls in Lisa's class – Anne and Cynthia were not talking to each other and had been in this situation for quite a while. Lisa often spoke to them how sad it was that they were not friends anymore, since she believed they had many beautiful qualities that could make them good friends once again. She kept on trying until she managed to get them to talk to each other and become friends once again.

- a. Which gifts of the Holy Spirit did Lisa use?
- b. Do you think it was an easy thing to get the two girls to become friends again?.....
- c. Therefore, I must understand that.....





Mary has many beautiful things to teach us. She answered God's call and accepted to be his mother. Mary is also the Mother of the Church. When Jesus was dying on the cross, he saw his mother and the Beloved Disciple standing near her, and Jesus said:

'Woman, here is your son.' Then he told the disciple, 'Here is your mother'. And from that moment on, the disciple took care of her. With these words, Jesus made it clear to all that Mary is our mother. She takes care of us and helps us to be united in one Church.



Choose one quality that you really admire in Mary, and write where and with whom you intend to use this same quality so that you will resemble her more.
Fill in the blanks:
a. Mary is the of heaven and earth.
b. Mary is the mother of Jesus and therefore, the mother of the family of God, the holy and apostolic
c. We give Mary the title of Immaculatebecause she
was born without original sin.
d. Mary was lifted up to heaven body and
What does this tell you? ••••••••••••••••••••••••••••••••••••
Pierre had just heard the teacher say that the Rosary is a very special prayer to Mary. Later on after supper, he asked his parents to say this prayer together. His sister was very tired though, and was not very keen on the idea
a. What did Pierre learn from the teacher?
b. What do you think Pierre told his sister when he realised she did not want to say
the Rosary?
c. Therefore, I must understand that

A headithing

Living in a united healthy community requires the persons to be at peace with themselves and with each other. Saint Domenic Savio is a clear example of this. Not only was he united with God in prayer, but he also spread peace wherever he went.

Choose from the words below to fill in the spaces in the passage about Saint Domenic Savio.

Mary • pray • seven • Sundays • 1842 • intelligent • Communion • sins







Read this prayer then answer the questions:

How beautiful it is to live in peace and be united among ourselves! This decreases tension and separations and allows love, unity and peace to rule in our lives.

Jesus, make me a friend to one and all. Help me to be there for all those who are suffering or who are feeling sad and lonely. Help me to be there for all those who want to love but do not know how, for those who need to open up but don't know how, for those who are searching for the light because they are far from you.

a.	What exactly are we asking God					
	when we pray the above prayer?					
b.	What is the thing we find most					
	difficult to do?					

What does this tell you?

Activity C

Malcolm's team had an important match to play, and they had been training hard all season. Malcolm trained regularly and he was positive that they were going to win. But, during the game, in order to shoot the winning goal, he hurt his friend's leg. There was a big fight and the game had to be suspended. Not only was the game not won, but many people were injured in the fight.

a.	What was Malcolm's fault in the fight?					
h	What negative outcomes come from fights?					

b. What heganive outcomes come northigh

c. Therefore, I must understand that.....

Unit 9: Give and you will be given



I weint to shere my teleats

As we have said, we spend most of our life with other people and we are part of many different groups. Some of these groups are: the family, our classmates, the football team or any other sports team, etc. We also form part of the parish, which is also called a community. For every group to succeed and grow, each individual member needs to play his part, sharing his talents and other qualities he might have. When we share our talents for the good of others, we are helping our team or community to grow. If each person shares his talents, he will soon realise that he is receiving more than he is giving.

ln	your	group	work	on the	following:
----	------	-------	------	--------	------------

Your teacher has instructed you how to make a project about the environment. She wants each group to present a poster and deliver a short talk that explains the information found on the poster.

- a. Write down the talents of each person in your group.....
- b. Now make a list on how you are going to assign jobs to each person in the group according to his or her abilities.....

What do you think?

Activity B

Discuss

- a. In your opinion, what are the factors that make a group strong?.....
- b. Mention two values that Jesus wants us to use when we are working in a group...

What does this tell you? -- Activity C

Andrew was a talkative boy. He talked so much that he gave the impression that the group would not function without him. But, in fact, the opposite was true. He left the bulk of the work to be done by the other members and then, he even had the cheek to criticise their work.

- a. Do you think Andrew was really a team member?
- b. A real team member must.....
- c. Therefore, I must understand that.....

Our environment

Throughout our life we meet many people who wish us well and who help us in many ways. At home we have our parents or guardians, who make many sacrifices to provide us with all our needs. At school our teachers do their best to educate us and help us become good citizens. At the catechism classes, the catechists help us to grow in our love for Jesus. The priests, with many other people, all help us to become better people.

Activity A

Group work

Fill in the blanks by writing down how the people mentioned have helped you grow into the person you are today. In the last blank space write down the name of a person of your choice.

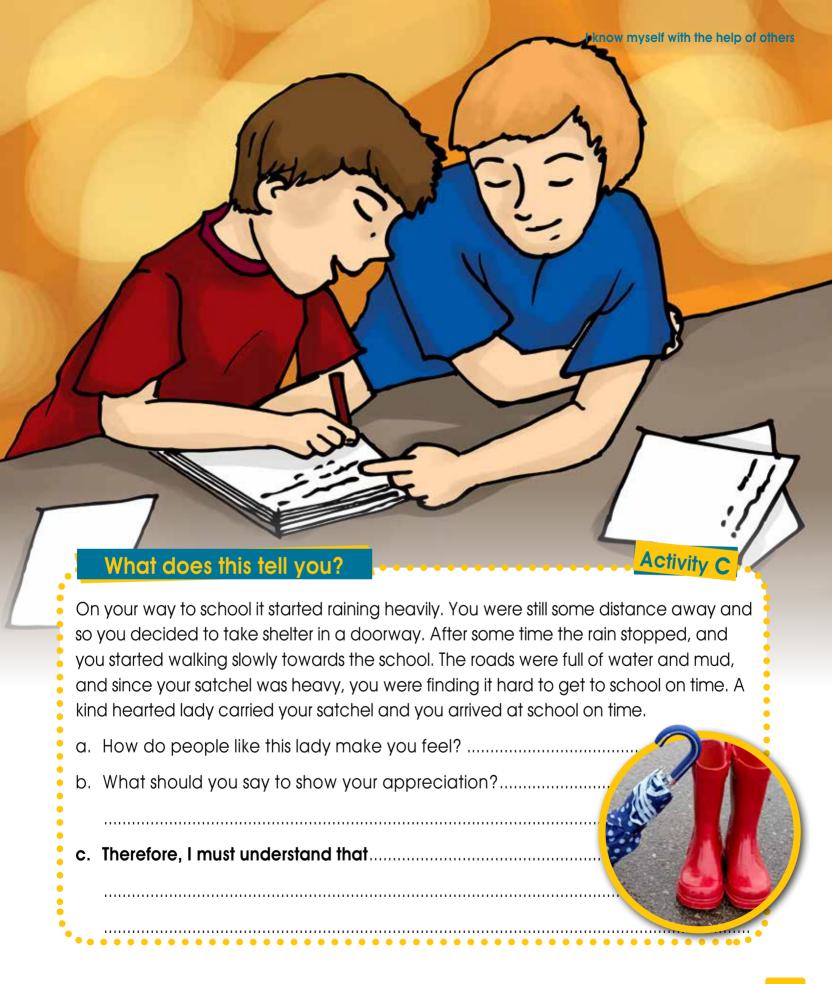
a.	Your parents or guardians
h	Your teacher/s
ν.	

Activity B

In the word search, find the names of people who help us grow.

parents • catechists • teachersdoctors • grandparents • priestsfriends • policemen

Q	E	Υ	P	D	Q	I	T	F
Α	W	G	Α	U	В	R	W	R
I	P	R	I	E	S	T	S	I
R	0	Α	P	R	Α	E	0	E
E	L	N	F	W	Q	D	С	N
0	I	D	Q	٧	T	T	Α	D
Υ	С	P	Α	R	E	N	T	S
W	E	Α	R	T	Α	F	E	E
P	М	R	Α	E	С	G	С	P
Α	E	E	Q	K	Н	W	Н	G
D	N	N	Υ	T	E	R	I	Α
Q	U	T	W	E	R	0	S	L
Е	I	S	U	P	S	U	T	Q
R	D	0	С	T	0	R	S	Α



In the Book of the Acts of the Apostles, Saint Luke writes extensively about the beginnings of our church and how the first Christians lived. From these passages we can clearly see how united the first communities were, and how they lived by love.

There was nothing they were not ready to do for each other. They loved each other truly and they were ready to suffer for each other. The example of these early Christians teaches us how we should live as a community.

Read the following passages and then work out the activities.

The Early Christian Community

The whole group of believers was united, heart and soul; no one claimed for his own use anything that he had, as everything they owned was held in common. The apostles continued to testify to the resurrection of the Lord Jesus with great power, and they were all given great respect. None of their members was ever in want, as all those who owned land or houses would sell them, and bring the money from them to present it to the apostles; it was then distributed to any members who might be in need.

Acts 4, 32-35

Barnabas and Saul sent as deputies to Jerusalem

While they were there some prophets came down to Antioch from Jerusalem, and one of them, whose name was Agabus, seized by the Spirit, stood up and predicted that a great famine would spread over the whole empire. This is fact happened before the reign of Claudius came to an end. The disciples decided to send relief, each to contribute what he could afford, to the brothers living in Judea. They did this and delivered their contributions to the elders in the care of Barnabas and Saul.

Acts 11, 27-30

Activity C



Writa	True	or Fa	Ise after	r each	sentence
	Huc	OI FU	196 Alle	ı eucii	26111611CE

Write True or False after each sentence.	
a. The first Christians shared everything among them.	
b. They sold their land and houses and kept the money for themselves.	
c. Each Christian took care of himself only.	
d. They used to break bread in their houses.	
e. Other people used to speak badly of the first Christians	
f. No one kept his wealth to himself. Activity B	Discuss
Work in groups and continue the following sent	ences:

a.	The first Christians were happy because
b.	I would have liked to (join the community/not join the community) because

What does this tell you?

The first Christians were a united community, sharing everything among themselves. In today's world, what do you think should be done so that we can live the same

Therefore, I must understand that			
II			
L			
Give two examples			
love in our community as the first Christians did?			



2. How should we behave in the places below? Match the phrases with the right answers

In church	Helpful and supportive
In class	Quietly and attentively
At home	With tolerance and understanding
In the school playground	Politely and respectfully
In the road	Prayerfully quietly

Match the fruits of the Spirit with the story

_			
Acti	V	ity	B

Fruit	Story
MERCY	I felt like sleeping, but I could not because my brother was studying for his piano exam
PATIENCE	For the sake of group unity, I voted for someone else's idea
JUSTICE	My mother forgot to feed the dog, and when I heard him crying in the night I got out of bed and fed him myself
UNITY	My best friend did something wrong and even though I love him a lot, when the teacher asked me, I had to tell the truth.

What does this tell you?

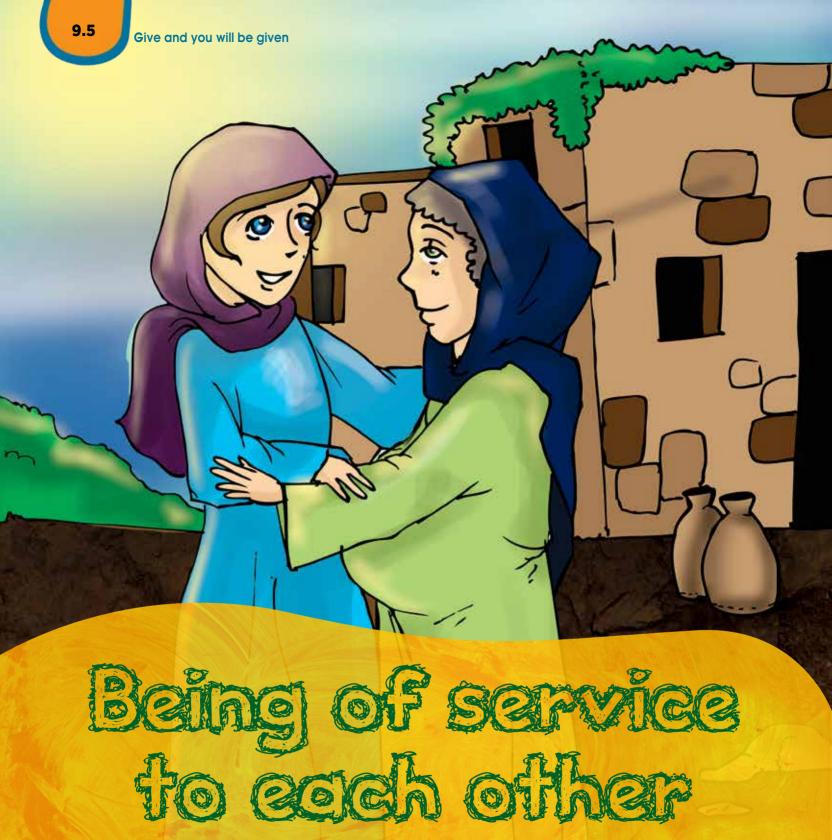
Activity C

Our neighbour bought a big dog and placed him in a kennel in her yard. It took the dog a while to get used to its new surroundings, and during the night it barked and yelped endlessly. There were nights when I could barely sleep.

a.	What fruit of the Spirit	did I need to	deal with	this situation?	

- b. Is it always easy to be patient?
- c. Therefore, I must understand that.....





Being of service in the community is very important if we want to live together in harmony and peace. Being of service means seeing what needs to be done and doing it. This is not always an easy thing to do. There are times when we only want to do what pleases us, and not what is important for the community or family.

Mary left the comfort of her home to go and serve her cousin Elizabeth who was about to have a baby.

Read the passage: Luke 1, 39-56

a.	Was this a	good reasor	for Mary to	leave her l	nome? Yes	No

- b. Did Elizabeth really need Mary's help? Yes | No
- c. Was it easy for Mary to go to Elizabeth? Yes | No

Activity A

- d. Was it difficult for Mary to spend 3 months there? Yes | No
- e. What is Mary teaching us in this episode? Tick the answer that appeals to you.

How to be of	To be of service	First I must see	Sorving is loving
service	can be hard	what I need	Serving is loving

How can you help in the following circumstances?	Activity B
Jake fails his exam and he is very sad. To help him	
I	
My friends have stopped coming to catechism lessons.	
I	
Luke is very sick and has to spend a long time in hospital.	
1	

What does this tell you?

Activity C

'When we give, we are given'. Do you remember when you gave something that was yours to help someone else? How did this make you feel?	
'When we forgive, we are forgiven.' Mention one instance from your life when you forgave someone	

The Source the West

When we let the Spirit of God work in us, we manage to be people who really serve one another. Whenever our help is needed we should be ready to give our time and talents so that we can make the world a better place. The three persons below used their talents and time for the benefit of others. These are: St John Neumann, Mahatma Gandhi and St Joseph Moscati.

Ur	Underline the right answer Activity A				
1.	St John Neumann was born in Poland Italy The Czech Republic				
2.	He attended the Seminary to become a priest doctor teacher				
3.	He was ordained into priesthood in America France Germany				
4.	He lived a life of: riches poverty luxury.				
5.	He used to help people from different countries because he travelled frequently				
	he had a large house he knew many languages.				
W	What does this tell you? Activity C				
	Which of the three persons mentioned above did you like most? Why?				

1. Choose the right words from the word bank and fill in the blanks below.



lawyer • India • independence • peace • Christian • leader

Mahatma Gandhi was born in

He studied to become a

Gandhi was not a

He

used his skills as a

to lead

his country to

He believed

wholeheartedly in



2. Join the following to make sentences about St Joseph Moscati.

1.	Joseph Moscati was born into a	and he never asked them for money.
2.	He chose to become a doctor	and prayed for them.
3.	Even when he became a famous doctor	to help sick people.
4.	He used to see poor patients at home	poor people from his own money.
5.	He used to pay for the medicine of	rich Italian family.
6.	He always encouraged sick people	he started to work with patients with incurable diseases.
7.	Even when he was very busy	to the poor people of Naples.
8.	He used to visit and take food	he remained humble and polite with his patients.

Ο.	What do you think about this person?
C.	Therefore, I must understand that

Why do I prey?

Throughout the ages, man, regardless of his culture and religion, has felt the need to communicate with someone greater than himself. As Christians, we too feel the need to keep in touch with our God. We often come across people who have stopped praying for various reasons. Sometimes, we too might feel this way. It is important to discover what is keeping us away from spending some time in prayer with Jesus and try to overcome the difficulties. In this way, we will be allowing God to be an important part in our life.

PRAYER



Activity A

praying means to you, Why do you think people pray?				

In the snace below write what

Activity B

Look at the pictures below and observe the behaviour of the different people.

a.	What does their behaviour tel	us?
----	-------------------------------	-----

b.	What do they	teach us about o	our behaviour during	prayer?
----	--------------	------------------	----------------------	---------







Kelsey's family was rich and made sure she had all she wanted. Kelsey, though, was not big headed at all, as her parents had taught her how to share and be kind. Kelsey attended catechism lessons daily and was always trying to be a better person. One day Kelsey found out her Grandmother was very sick. This upset Kelsey very much. She went straight to church and asked God to make her grandmother better.

.....

- a. What type of person was Kelsey?.....
- b. Why do we pray?.....
- c. Therefore, I must understand that.....

MARINE IS STATES OF CONTRACTOR
During our life there will be times when we need to pray, at times alone and at times with other people. Not everybody prays in the same way. Some people like praying by reading the Bible, the Word of God. They read a passage or a Psalm and spend some time reflecting on it, asking God to help them live what the reading teaches them. Others pray spontaneously, or whenever they remember, praying about what they are feeling at that moment. Others spend hours in prayer. They believe God listens to them, and so they open up their hearts; they speak to Him and they listen to His word in their heart. Others prefer to pray whilst they are walking, or while helping others. They feel they can pray better while doing something rather than sitting down motionless. Regardless of the way we pray, it is important to keep in mind that God is always happy when we pray and he is always ready to listen to what we have to say to Him.

With your classmates discuss and answer the following questions:





a.	What time of the day do you prefer to pray alone?
b.	What type of prayers do you say when you pray alone?
C.	Can you mention some prayers you pray with others?



what does this tell you? a. From the prayers you recite regularly, which is your favourite one? b. Why is it your favourite? c. Therefore, I must understand that

Preyer helps us grow

As Christians we emulate Jesus and his teachings. Even when we pray, we need to look at Jesus to see when, how and why he prayed. If we want our prayers to be pleasing to God the Father and to be fruitful, we need to pray like Jesus, and we need to pray the prayers he taught us.

When and how did Jesus pray? Below, you find passages from the Bible that speak about Jesus at prayer.

They show us how and why Jesus prayed.

Next to the passages write the number of the sentence that best describes it.

- 1. Jesus prays before an important event
- 2. Jesus prays at the end of his life
- 3. Jesus prays before suffering
- 4. Jesus praises God the Father



Now it was about this time that he went out into the hills to pray, and he spent the whole night in prayer with God. When day came he summoned his disciples and picked out twelve of them. (Lk 6,12-13)

Then he withdrew from them, about a stone's throw away, and knelt down and prayed: 'Father', he said, 'if you are willing, take this cup away from me. Nevertheless, let your will be done, not mine.' (Lk 22, 41-42)

At that time Jesus exclaimed, 'I bless you, Father, Lord of heaven and earth, for hiding these things from the learned and the clever and revealing them to mere children'. (Lk 6,12-13)

Then Jesus cried out in a loud voice and said, 'Father into your hands I commit my spirit'.

(Lk 23, 46)



Activity B

Jesus teaches us to pray.

Match the following phrases.

a.	We do not need many words in prayer		that God hears our every prayer.
b	We must speak to the Father		or stop praying.
C.	In faith we believe		to pray with others.
d.	We must never lose hope	1	as the Lord God know what we need.
e.	How beautiful it is		we need to forgive others.
f	If we want God to forgive us		with the same love children speak to
''	ii we waiii ood io lolgive us		their parents.

What does this tell you?

Activity C

a.	Imagine you are one of the apostles and you hear Jesus speak about prayer	
	and you see him pray. What would you ask Jesus?	
b.	Which one of Jesus' teachings did you like the most?	
	Why?	
C.	Therefore, I must understand that	



The Mass is the greatest and most important prayer for us Christians. It reminds us that we are a community – the family of God - gathering in front of Jesus in the Eucharist. During Mass, we relive the passion, death and Jesus' victory over death. The Mass is divided into different parts. We participate in each part by saying special prayers which help us understand what we are celebrating.

Activity A



Discuss and fill in the blanks with appropriate words.

At theof Mass, we become aware of our sins, and we ask
God for Then we listen to the
of God from the During the offering, we offer
God all our Jesus is present among us during the
Our We receive Holy and after
thank Jesus for this wonderfulthat he gives us. At the end of
the mass, the priest tells us to go in
all that we have heard and learned during the mass.

Activity B

In a group, choose the right phrase and put it in the boxes below to complete the sentences which are about the first part of the Mass.



We pray for our needs and the needs of the people in the community.

We pray to God to forgive our sins.

We praise God for his greatness

We listen to the word of God

At the beginning of the mass, the priest asks us to remember our sins.	We pray to God to forgive our sins.
Together we say, 'Glory to God in the highest, and peace on earth to men of goodwill'	
We sit down while the lector and the priest read passages from the Bible.	
After listening to the Word of God, we pray for the community.	

What does this tell you?

a. What does 'participating in the Mass' mean?

l......

c. Therefore, I must understand that.....



Activity C



During Holy Communion, Jesus comes into our hearts and we become one with Him. But Jesus not only wants to become one with us, but He also wants us to become close to each other. This unity is seen during mass at various moments. We are united when we say the Our Father as brothers and sisters of the same Father. We are united when we give

the sign of peace to each other. This unity is also evident when we receive Holy Communion together and when we pray and sing during Mass. At the end of the Mass, the priest tells us: 'Go in the peace of Christ'. This means that the unity among all in the community, which has been strengthened during the Mass, must be lived out in our everyday life.

Thanks to Jesus, we become closer to each other during Mass. Do these phrases below show this unity? Activity A Write Yes or No in the space provided.

a.	Playing loud music during nap time in the afternoon.	
b.	Helping our friends with studies, projects and research.	
C.	Helping with chores in the house.	
d.	Playing with the friends from my group only.	
e.	Avoiding any contact we might have with refugees.	
f.	Praying for peace in the world.	
g.	Not speaking ill of those with whom we are not on speaking terms.	



Activity B

Read the following passage and answer the questions.

Jason and Rebecca went to the 8.00am Mass together. They were in the 6th grade and every morning, before school, they waited for each other to go to church. Jason's mother and Rebecca's father were brother and sister, but unfortunately, due to problems over the family inheritance, they were not on speaking terms. Even though their parents were not communicating, Jason and Rebecca were very good friends. They believed that besides being cousins, they were also relatives in the large family of human beings.

_	e large family of human beings.
a.	Mention one good thing that Jason and Rebecca do daily
b.	Rebecca and Jason are giving their parents a good example. In what way?
C.	Do you think they have understood the meaning of the Mass? Why?
d.	What do we call the family of God, founded by Jesus Christ?
1	What does this tell you?
a.	If you were in Jason and Rebecca's situation, what would you do
	to try and make things better?
i.	
ii.	
C.	Therefore, I must understand that

Preise God deily

We pray because God is pleased when we talk to Him and tell him what we are going through and thinking. Just as in life we pass through different experiences and emotions, there are prayers for different occasions. At times, we use prayers of praise, where we glorify God and acknowledge his greatness. At

other times our prayer is one of gratitude where we thank God for His goodness towards us. There are times when we ask for God's mercy and forgiveness. Sometimes, we pray for help in our needs and in the needs of others. These five different types of prayers are all present at different moments of the Mass.

1. Fill in the blanks from the words in the box.



obedience • world • glorious • bow • gratitude • universe • Lord • everything • Creator • everyone • God • wisdom • strength • beautiful • kneel • love

O	WE PRAIS	E YOU LORD!
g	In this way we also show our resp	pect and
b	low, our heart full of I	and
g	God, we gladly k	down and
s	Before such a b	and
and the u	with his infinite w	and
All belongs to G	, and He rules the w	<i>/</i>
because God is above e .	and e	
We talk to God as our C	and our L .	,

2. Underline the correct word

We talk to God as our (servant, Father, leader) who loves us as his (children, servants, workers). We approach God with (sadness, joy, fear) to thank Him and to show our gratitude for His (anger, disappointment, love). Sometimes, we are filled with so much love for our God that we (go to sleep, stand up and lift our hands up to Him) In joy and praise.

Activity B

Connect the following phrases.

a.	When we need a grace for ourselves or for someone we know	the way God our Father wants us to.
b.	At times we do not behave in	to ask Him for forgiveness.
C.	It is good to go before God	we bow our heads, and put our hands on our heart to show humility and repentance.
d.	To show how sorry we are	we pray to our Father in heaven.

What does this tell you?

Activity C

- a. When you pray, which type of prayer do you mostly use?
- b. If you had to pray at this very moment,

what would you tell God?.....

c. Therefore, I must understand that

The Secretaries The Secretaries The Secretaries

Before being lifted up to heaven, Jesus told the apostles: 'I am with you always, till the end of time'. Jesus remains with us daily, through the Sacraments. Jesus founded the seven sacraments so that through them, we can receive the help and encouragement we need to be able to live as good Christians. The Sacraments are visible signs through which Jesus bestows grace upon grace – that special help that makes us more like Jesus.

When we receive a Sacrament we become closer to Jesus. Fill in the sentences below with the name of the Sacrament described.

Activity A

Eucharist • Reconciliation • Confirmation
Holy Orders • Marriage • Baptism • Anointing of the Sick

6.	6. Mario's grandmother was very sick and the priest administered the Sacrament		
	of the	to her.	
7.	Mario knows that through repentance we are forgiven our sins.	ce and the Sacrament of	
		Activity B	
		a. Which Sacrament is this?b.What happens to us?	
		c. When do we receive it?	
	What does this tell you?	Activity	
David was going to his grandmother's funeral. He had not been to Confession for a long time as he used to say that he did not feel the need to confess. Now, he wanted to fo go confession but, he realised that he had forgotten how to confess			
a. What did David do wrong?			
b.	Why do we go to confession regul	arly?	
C.	Therefore, I must understand that		

The Secretaris thelp us get closer to each other and to God

Every Sacrament brings us closer to
Jesus. The Sacraments are not fleeting
moments that pass quickly. They need to
be lived daily. Through the Sacraments,
Jesus wants us to get closer to God.
The closer we are to God and the more

we love Him, the more we love one another. We should pass on to others, by word and deed, what Jesus gives us by means of the Sacraments. In this way, Jesus will be able to work in us and through us in the world today.

Which Sacrament is being lived in the circumstances below?

Activity A

Remembering daily that we are sons and daughters of God	
Being a witness to Jesus who lives in me	
Forgiving any hurts done to me in the same way God forgives all my sins	
Praying for priests, and for those who are being called to the priesthood	



The Sacraments help us in our daily Christian life. The Church encourages us to partake in the Sacraments often. They will help us to live our life like Jesus wants us to do.

What must be done in the following circumstances?

- a. Mary found out that she had spread a lie about Grace. What should she do?
 b. Andrew knows that loving Jesus entails being close to Him and receiving Him often. What should Andrew do?
- c. During a catechism lesson George learnt that the Holy Spirit lives in us and wants to help us if only we let Him. What should George remember?.....

What does this tell you?

Activity C

Gordon goes to mass every day, as the Church is just round the corner from his house. He often receives Holy Communion. Yet, he still often gets into fights with his friends.

- a. Do you think Gordon was doing the right thing by going to mass regularly?
- b. How would the Sacraments help Gordon to live a better life?.....

.....

c. Therefore, I must understand that

Nofes



This Year Five Book traces out a journey of discovery that no one can go through alone. At this delicate age, this book should serve as a tool for the young students to go beyond religion in its individualistic sense. Learning about God should not be done by walking a solitary 'journey', because God cannot be discovered alone, and even more cannot be possessed. In *Kahlil Gibran*'s book '*The Prophet*'

we read that when one truly loves, one cannot say one has God in his heart, but that one is in the heart of God. Most world religions acknowledge that the process of knowing and experiencing God is a journey, but also an experience of love and beauty within our imperfect world.





